

2010

Program & Events Calendar



2010

*** Activities Are Subject To Change

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|--|---|
| <p>1</p> <p>10:30-11 Brain Games *TH 11-12 Creative Arts *C 12:15-12:45 Pianist: Eric Morton *DG 1-1:30 National Red Cross Month *TH 1:30-2 Cycling *F 2-2:30 Aromatherapy *T 2:30-3 Yoga & Relaxation *TH 3-4 Picture BINGO *DG</p> | <p>2</p> <p>10:30-11 Rhyme Time *TH 11-12 Creative Arts *C 1-1:30 Music Appreciation *TH 1:30-2 Travel Talk *TH 2-2:30 Indoor Bowling *I 2:30-3 Remembering Dr. Seuss *L/TH 3-4 Mini Movie & Popcorn *TH</p> | <p>3</p> <p>10:30-11 Crossword Puzzles *TH/DG 11-12 Creative Arts *C 1-1:30 Japanese Doll Festival *TH 1:30-2 Sensory Activity *TH 2-2:30 Music & Dancing *TH 2:30-3 Horseshoe Competition *TH 3-4 Mocktail Social *BL</p> | <p>4</p> <p>10:30-11 What's in a Picture *TH 11-12 Creative Arts *C 1-1:30 Finishing Lines *L/TH 1:30-2 Yoga: Amanda Austin *TH 2-2:30 Dramatic Arts *TH 2:30-3 When Hats Were Tops *TH 3:30-4 Jenga & Dominoes *DG</p> | <p>5</p> <p>10:30-11 February Words *TH/L 11-12 Creative Arts *C 1-1:30 Nutrition Discussion *TH 1:30-2 Parachute Fun *TH 2-2:30 Magazine Scavenger Hunt *TH 2:30-3 Weights & Stretch Bands *TH 3-4 BINGO Social *TH</p> |
| <p>8</p> <p>10:30-11 Brain Games *TH 11-12 Creative Arts *C 1-1:30 Women's History *L/TH 1:30-2 First Lady Trivia *TH 2-2:30 Yoga *TH 2:30-3 Green Acres Show *TH 3-4 Afternoon Social & Dancing *BL</p> | <p>9</p> <p>10:30-11 Brain Games *TH 11-12 Creative Arts *C 1-1:30 Reminiscing: Toys & Dolls *TH/L 1:30-2 Indoor Walking/Stretching *I/TH/F 2-2:30 Sensory Activity *TH 2:30-3 Poetry Reading *L 3-4 Afternoon Tea *DG</p> | <p>10</p> <p>10:30-11 Nintendo Wii *TH 11-12 Creative Arts *C 1-1:30 Current Events *TH 1:30-2 Weights & Stretch Bands *F/TH 2-2:30 Sing-a-long *TH 2:30-3 Alamo History *TH/L 3-4 Journey to the Alamo *TH</p> | <p>11</p> <p>10:30-11 Word Games *TH 11-12 Creative Arts *C 1-1:30 Laughter Exercise *L/TH 1:30-2 Yoga: Amanda Austin *TH 2-2:30 Name that Tune *TH 2:30-3 The Lucy Show *TH 3-4 BINGO Social *TH</p> | <p>12</p> <p>10:30-11 Brain Games *TH 11-12 Creative Arts *C 12-1 Birthday Celebration *DG 1-1:30 Collages *TH 1:30-2 Fond Flashbacks: 1950s *TH 2-2:30 Dancercise *TH 2:30-3 Bowling Competition *I 3-4 Board Games, Puzzles, & Cards *DG</p> |
| <p>15</p> <p>10:30-11 Nintendo Wii *TH 11-12 Creative Arts *C/TH 12:15-12:45 Pianist: Eric Morton *DG 1-1:30 Laughter Exercise *TH 1:30-2 Creative Movement *TH 2-2:30 Songs of Road, River, & Rail *TH 2:30-3 Finishing Lines *TH 3-4 BINGO Social *DG</p> | <p>16</p> <p>10-10:45 Flutist: Linda LaBombard 10:45-11:30 Exercise *F/TH 11:30-12 Creative Arts *C/TH 1-1:30 Trivia *TH 1:30-2 Pet Therapy *TH 2-2:30 Bowling *I 2:30-3 Cliches *TH 3-4 Mini Movie & Popcorn *TH</p> | <p>17</p> <p>10:30-11 Brain Games *TH 11-12 Creative Arts *C 1-1:30 St. Patrick's Day History *L/TH 1:30-2 End of Rainbow Coin Toss *I 2-2:30 Irish Jokes *TH 2:30-3 Irish Jigs & Dancing *TH 3-4 Irish Social *BL</p> | <p>18</p> <p>10:30-11 Acrostic Poems *TH 11-12 Creative Arts *C 1-1:30 First Walk in Space *L/TH 1:30-2 Yoga: Amanda Austin *TH 2-2:30 Puzzles & Jenga *TH 2:30-3 Irish History & Celebrities *TH 3-4 Shamrock Shakes *DG</p> | <p>19</p> <p>10:30-11 Brain Games *TH 11-12 Creative Arts *C 1-1:30 Spring Trivia *L/TH 1:30-2 Chair Aerobics *TH 2-2:30 Dramatic Arts *TH 2:30-3 Planting Bulbs *DG/TH 3-4 BINGO Social *DG</p> |
| <p>22</p> <p>10:30-11 Brain Games *TH 11-12 Creative Arts *C 1-1:30 Book Club *L/TH 1:30-2 Sensory: Sand Hunt *TH 2-2:30 Chair Aerobics *TH 2:30-3 Cornhole *TH 3:30-4 UNO *DG</p> | <p>23</p> <p>10:30-11 Brain Games *TH 11-12 Creative Arts *C 1-1:30 Dramatic Arts *TH 1:30-2 Sing-a-long Fun *TH 2-2:30 Musical Trivia *TH 2:30-3 Creative Movement *TH 3:30-4 Card Games *DG</p> | <p>24</p> <p>10:30-11 Health: Old-Time Remedies *T 11-12 Creative Arts *C 1-1:30 Laughter Exercise *TH 1:30-2 History of Magic- Houdini *TH/L 2-2:30 Puzzle Fun *TH 2:30-3 Spanish Words *TH 3-4 Fiesta *BL</p> | <p>25</p> <p>10:30-11 Brain Games *TH 11-12 Creative Arts *C 1-1:30 Prices from the Past *TH 1:30-2 Stretching & Ball Toss *TH 2-2:30 Word Find Fun *TH 2:30-3 Reminiscing: Pets *TH 3-4 Mini Movie & Popcorn *TH</p> | <p>26</p> <p>10:30-11 Guess That Tune *TH 11-12 Creative Arts *C 1-1:30 Travel Talk: San Francisco *TH 1:30-2 Trolley Rides *TH 2-2:30 Yoga *TH 2:30-3 Sing-a-long *TH 3-4 Afternoon Tea *DG</p> |
| <p>29</p> <p>10:30-11 Brain Games *TH 11-12 Creative Arts *C 1-1:30 Finishing Lines *TH 1:30-2 I Love Lucy *TH 2-2:30 Bowling Competition *I 2:30-3 Coca-Cola Trivia *TH 3-4 Coke Float Social *BL</p> | <p>30</p> <p>10:30-11 Brain Games *TH 11-12 Creative Arts *C 1-1:30 Travel Talk: Alaska *TH 1:30-2 Jokes & Riddles *TH 2-2:30 Tai Chi *TH 2:30-3 Pet Therapy *TH 3-4 Fireside Chat *BL</p> | <p>31</p> <p>10:30-11 Brain Games *TH 11-12 Creative Arts *C 1-1:30 Map Game *TH 1:30-2 Virtual Vacation *TH 2-2:30 Fishing *TH 2:30-3 Grab Bag *TH 3-4 Hawaiian Social *DG</p> | <p>Activity Location Key *C- Craft Room *CP- Covered Porch *DG- Dining & Gaming Area *F- Fitness Room *TK- Therapy Kitchen *MT- Massage Therapy Room *O- Outdoors *PG- Putting Green *BL- Bar & Lounge *L- Library *TH- Theatre *T- Tranquility Room *I- Inside</p> | <p>Daily Schedule of Activities 7:30-9:30 Member drop off & Breakfast 9:30-10 Coffee Chat & Current Events 10-10:30 Physical Fitness 12-1 Lunch 3-3:30 Snack 4-5:30 Member Leisure *DG/C</p> |