LIFE ENRICHMENT CALENDAR

January 2019

SPECIAL HIGHLIGHTS

- Art Therapy: Tues. @ 9am & 10am, Wed. @ 10am & 11am
- Golf Group: Mon. @ 1:30pm & Thurs. @ 10am
- Meet Me at MoMA: Fri. @ 1:30
- Music Therapy: Mon. @ 1:30pm, Wed. @ 11 am, Thurs. @ 11am.
- Musical Performance by John Lewis: 2, 4, 7, 9, 10, 14, 15, 18, 21, 23, 25, 28,& 30
- Pet Therapy: Wed. @ 3:30-4:30
- Small Yoga Group: Thurs. @ 1:30

HEALTH TOPIC

Genesis Health Topic & Description: This month Genesis will discuss

ICON & LOCATION KEY

AR = ART & CRAFT ROOM
CP = COVERED PORCH
DR = DINING & GAMING ROOM
TK = THERAPY KITCHEN
OD = OUTDOORS
TR = TRANQUILITY ROOM
PT = PUTTING GREEN
PB = BAR & LOUNGE
LB = LIBRARY
TH = THEATRE
LR = LIVING ROOM

COGNITIVE PHYSICAL PSYCHO-

ACTIVITIES ARE SUBJECT TO CHANGE

Each day at The Ivey is intentionally designed with the preferences, interests and needs of each of our members in mind. The schedule is predictable to help with memory retention, but content varies to keep it interesting and stimulating. Everyday living activities are incorporated throughout the day to feel like home.

THE IVEY®

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 TH 10:00a-11:00a **Yoga** DR 11:00a-11:45a **Music w/ John** TH 01:30p-02:30p Family Feud DR 02:30p-03:30p Bingo TH 04:00p-05:00p Sing Along LR 05:00p-05:30p Finish the Line	**1** New Year's Day Holiday The Ivey will be CLOSED	**2** TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings DR 01:30p-02:30p **Music w/ John** TH 02:30p-03:30p Finish the Line TH 04:00p-05:00p Word Cookies LR 05:00p-05:30p Would You Rather	**3** TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p Famous Faces TH 02:30p-03:30p Name That Tune TH 04:00p-05:00p News Currents LR 05:00p-05:30p Music Fun	**4** TH 10:00a-11:00a **Genesis Exercise** TH 11:00a-11:45a Morning Musings DR 01:30p-02:30p **Music w/ John** TH 02:30p-03:30p Crosswords DR 04:00p-05:00p Colored Pencil Art LR 05:00p-05:30p Fact or Fiction
7 TH 10:00a-11:00a **Yoga** DR 11:00a-11:45a **Music w/ John** TH 01:30p-02:30p Wheel of Fortune DR 02:30p-03:30p Bingo TH 04:00p-05:00p Sing Along LR 05:00p-05:30p Finish the Line	**8** TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p **Sketch Class** TH 02:30p-03:30p Jeopardy TH 04:00p-05:00p News Currents LR 05:00p-05:30p Trivia	**9** TH 10:00a-11:00a Exercise DR 11:00a-11:45a **Music w/ Tom** DR 01:30p-02:30p **Music w/ John** TH 02:30p-03:30p Alphabetics TH 04:00p-05:00p Word Cookies LR 05:00p-05:30p Would You Rather	**10** TH 10:00a-11:00a Exercise DR 11:00a-11:45a **Music w/ John** LR 01:30p-02:30p Ring Toss TH 02:30p-03:30p 100 words TH 04:00p-05:00p Word Cookies LR 05:00p-05:30p Music Fun	**11** TH 10:00a-11:00a **Genesis Exercise** TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p Musical Hang Man TH 02:30p-03:30p I Spy Detective DR 04:00p-05:00p Colored Pencil Art LR 05:00p-05:30p Reminiscing
14 TH 10:00a-11:00a **Yoga** DR 11:00a-11:45a **Music w/ John** TH 01:30p-02:30p Family Feud DR 02:30p-03:30p Bingo TH 04:00p-05:00p Sing Along LR 05:00p-05:30p You Be the Judge	**15** TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings DR 01:30p-02:30p **Music w/ John** TH 02:30p-03:30p Humor Hour TH 04:00p-05:00p Chat Pack LR 05:00p-05:30p Trivia	**16** TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p **Art Appreciation** DR 02:30p-03:30p Café Ivey TH 04:00p-05:00p Word Cookies LR 05:00p-05:30p Would You Rather	**17** TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p Bogle TH 02:30p-03:30p **Travel w/ Willene** TH 04:00p-05:00p News Currents LR 05:00p-05:30p Music Fun	**18** TH 10:00a-11:00a **Genesis Exercise** DR 11:00a-11:45a **Music w/ John** TH 01:30p-02:30p Balloon Volleyball TH 02:30p-03:30p Spiritual Time DR 04:00p-05:00p Colored Pencil Art LR 05:00p-05:30p Fact or Fiction
21 TH 10:00a-11:00a **Yoga** DR 11:00a-11:45a **Music w/ John** TH 01:30p-02:30p Wheel of Fortune DR 02:30p-03:30p Bingo TH 04:00p-05:00p Sing Along LR 05:00p-05:30p Finish the Line	**22** TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings LR 01:30p-02:30p Corn Hole TH 02:30p-03:30p Finish the Line TH 04:00p-05:00p News Currents LR 05:00p-05:30p Music Fun	**23** TH 10:00a-11:00a Exercise DR 11:00a-11:45a **Music w/ John** TH 01:30p-02:30p **Sketch Class** TH 02:30p-03:30p Who Am I? TH 04:00p-05:00p Word Cookies LR 05:00p-05:30p Would You Rather	**24** TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings LR 01:30p-02:30p Basketball Toss DR 02:30p-03:30p Art in Action TH 04:00p-05:00p Word Cookies LR 05:00p-05:30p Music Fun	**25** TH 10:00a-11:00a **Genesis Exercise** TH 11:00a-11:45a Morning Musings DR 01:30p-02:30p **Music w/ John** TH 02:30p-03:30p Crosswords DR 04:00p-05:00p Colored Pencil Art LR 05:00p-05:30p Reminiscing
28 TH 10:00a-11:00a **Yoga** DR 11:00a-11:45a **Music w/ John** TH 01:30p-02:30p Family Feud DR 02:30p-03:30p Bingo TH 04:00p-05:00p Sing Along LR 05:00p-05:30p You Be the Judge	**29** TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p **Art Appreciation** TH 02:30p-03:30p Name That Tune TH 04:00p-05:00p Chat Pack LR 05:00p-05:30p Music Fun	**30** TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings DR 01:30p-02:30p **Music w/ John** TH 02:30p-03:30p 100 words TH 04:00p-05:00p Word Cookies LR 05:00p-05:30p Would You Rather	**31** TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings LR 01:30p-02:30p Corn Hole TH 02:30p-03:30p Music Group TH 04:00p-05:00p News Currents LR 05:00p-05:30p Music Fun	**Member Birthdays** 1/01 - Joe R 1/02 - Gene B 1/09 - Wayne M 1/18 - Toni K 1/26 - Ernie B 1/30 - Richard S **Staff Birthdays** 1/12– Janet L