

LIFE ENRICHMENT CALENDAR

May 2019

SPECIAL HIGHLIGHTS

- Art Therapy: Tues. @ 9am & 10am, Wed. @ 10am & 11am
- Golf Group: Mon. @ 1:30pm & Thurs. @ 10am
- Meet Me at MoMA: Fri. @ 1:30
- Music Therapy: Mon. @ 10:30am, Tue. @ 10:30 am.
- Musical Performance by John Lewis: 1, 3, 6, 8, 9, 13, 16, 17, 20, 21, 24, 29, & 31.
- Pet Therapy: Wed. @ 3:30-4:30
- Tai Chi: Fri. @ 2:30
- Small Yoga Group: Thurs. @ 1:30

HEALTH TOPIC

Genesis Health Topic & Description: This month Genesis will discuss healthier shopping strategies when it comes to grocery shopping!

ICON & LOCATION KEY

- AR = ART & CRAFT ROOM
- CP = COVERED PORCH
- DR = DINING & GAMING ROOM
- TK = THERAPY KITCHEN
- OD = OUTDOORS
- TR = TRANQUILITY ROOM
- PT = PUTTING GREEN
- PB = BAR & LOUNGE
- LB = LIBRARY
- TH = THEATRE
- LR = LIVING ROOM

- COGNITIVE
- PHYSICAL
- PSYCHO-SOCIAL

ACTIVITIES ARE SUBJECT TO CHANGE

Each day at The Ivey is intentionally designed with the preferences, interests and needs of each of our members in mind. The schedule is predictable to help with memory retention, but content varies to keep it interesting and stimulating. Everyday living activities are incorporated throughout the day to feel like home.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Member Birthdays</p> <p>5/19 - Peggy L.</p> <p>5/23 - Charles H.</p> <p>5/29 - Barbara R.</p> <p>5/31 - Norma C.</p>	<p>Staff Birthdays</p> <p>5/25 - Leah C.</p>	<p>1</p> <p>● TH 10:00a-11:00a Exercise</p> <p>● TH 11:00a-11:45a Morning Musings</p> <p>● DR 01:30p-02:30p Music w/ John</p> <p>● TH 02:30p-03:30p 100 Words</p> <p>● LR 04:00p-05:00p Pet Therapy</p> <p>● LR 05:00p-05:30p Would You Rather</p>	<p>2</p> <p>● TH 10:00a-11:00a Exercise</p> <p>● TH 11:00a-11:45a Morning Musings</p> <p>● TH 01:30p-02:30p Famous Faces</p> <p>● TH 02:30p-03:30p Travel w/ Willene</p> <p>● LR 04:00p-05:00p Sing Along</p> <p>● LR 05:00p-05:30p Music Fun</p>	<p>3</p> <p>● TH 10:00a-11:00a Genesis Exercise</p> <p>● DR 11:00a-11:45a Music w/ John</p> <p>● TH 01:30p-02:30p Chair Dancing</p> <p>● TH 02:30p-03:30p Sing Along</p> <p>● DR 04:00p-05:00p Colored Pencil Art</p> <p>● LR 05:00p-05:30p Fact or Fiction</p>
<p>6</p> <p>● TH 10:00a-11:00a Yoga</p> <p>● DR 11:00a-11:45a Music w/ John</p> <p>● TH 01:30p-02:30p Family Feud</p> <p>● DR 02:30p-03:30p Bingo</p> <p>● LR 04:00p-05:00p Sing Along</p> <p>● LR 05:00p-05:30p Trivia</p>	<p>7</p> <p>● TH 10:00a-11:00a Exercise</p> <p>● TH 11:00a-11:45a Morning Musings</p> <p>● TH 01:30p-02:30p Art Appreciation</p> <p>● LR 02:30p-03:30p Corn Hole</p> <p>● LR 04:00p-05:00p Fact or Fiction</p> <p>● LR 05:00p-05:30p Music Fun</p>	<p>8</p> <p>● TH 10:00a-11:00a Exercise</p> <p>● DR 11:00a-11:45a Music w/ Tom</p> <p>● DR 01:30p-02:30p Music w/ John</p> <p>● TH 02:30p-03:30p Crosswords</p> <p>● LR 04:00p-05:00p Pet Therapy</p> <p>● LR 05:00p-05:30p Would You Rather</p>	<p>9</p> <p>● TH 10:00a-11:00a Exercise</p> <p>● DR 11:00a-11:45a Music w/ John</p> <p>● TH 01:30p-02:30p Hang Man</p> <p>● TH 02:30p-03:30p Humor Hour</p> <p>● LR 04:00p-05:00p Sing Along</p> <p>● LR 05:00p-05:30p Music Fun</p>	<p>10</p> <p>● TH 10:00a-11:00a Genesis Exercise</p> <p>● TH 11:00a-11:45a Morning Musings</p> <p>● TH 01:30p-02:30p Balloon Volleyball</p> <p>● TH 02:30p-03:30p Who Am I?</p> <p>● DR 04:00p-05:00p Colored Pencil Art</p> <p>● LR 05:00p-05:30p Reminiscing</p>
<p>13</p> <p>● TH 10:00a-11:00a Yoga</p> <p>● DR 11:00a-11:45a Music w/ John</p> <p>● TH 01:30p-02:30p Wheel of Fortune</p> <p>● DR 02:30p-03:30p Bingo</p> <p>● TH 04:00p-05:00p Sing Along</p> <p>● LR 05:00p-05:30p You Be the Judge</p>	<p>14</p> <p>● TH 10:00a-11:00a Exercise</p> <p>● TH 11:00a-11:45a Morning Musings</p> <p>● TH 01:30p-02:30p Bogle</p> <p>● CP 02:30p-03:30p Music on Porch</p> <p>● LR 04:00p-05:00p Finish the Line</p> <p>● LR 05:00p-05:30p Trivia</p>	<p>15</p> <p>● TH 10:00a-11:00a Exercise</p> <p>● TH 11:00a-11:45a Morning Musings</p> <p>● TH 01:30p-02:30p Sketch Class</p> <p>● TH 02:30p-03:30p Basketball Toss</p> <p>● LR 04:00p-05:00p Pet Therapy</p> <p>● LR 05:00p-05:30p Would You Rather</p>	<p>16</p> <p>● TH 10:00a-11:00a Exercise</p> <p>● TH 11:00a-11:45a Morning Musings</p> <p>● DR 01:30p-02:30p Music w/ John</p> <p>● DR 02:30p-03:30p Finish the Line</p> <p>● LR 04:00p-05:00p Sing Along</p> <p>● LR 05:00p-05:30p Music Fun</p>	<p>17</p> <p>● TH 10:00a-11:00a Genesis Exercise</p> <p>● DR 11:00a-11:45a Music w/ John</p> <p>● TH 01:30p-02:30p Chair Dancing</p> <p>● TH 02:30p-03:30p Spiritual Time</p> <p>● DR 04:00p-05:00p Colored Pencil Art</p> <p>● LR 05:00p-05:30p Fact or Fiction</p>
<p>20</p> <p>● TH 10:00a-11:00a Yoga</p> <p>● DR 11:00a-11:45a Music w/ John</p> <p>● TH 01:30p-02:30p Family Feud</p> <p>● DR 02:30p-03:30p Bingo</p> <p>● TH 04:00p-05:00p Sing Along</p> <p>● LR 05:00p-05:30p Finish the Line</p>	<p>21</p> <p>● TH 10:00a-11:00a Exercise</p> <p>● TH 11:00a-11:45a Genesis Health</p> <p>● DR 02:30p-03:30p Music w/ John</p> <p>● TH 01:30p-02:30p 100 Words</p> <p>● LR 04:00p-05:00p Finish the Line</p> <p>● LR 05:00p-05:30p Trivia</p>	<p>22</p> <p>● TH 10:00a-11:00a Exercise</p> <p>● TH 11:00a-11:45a Morning Musings</p> <p>● TH 01:30p-02:30p Art Appreciation</p> <p>● LR 02:30p-03:30p Corn Hole</p> <p>● LR 04:00p-05:00p Pet Therapy</p> <p>● LR 05:00p-05:30p Would You Rather</p>	<p>23</p> <p>● TH 10:00a-11:00a Exercise</p> <p>● TH 11:00a-11:45a Morning Musings</p> <p>● TH 01:30p-02:30p Alphabetics</p> <p>● DR 02:30p-03:30p Café Ivey</p> <p>● LR 04:00p-05:00p Sing Along</p> <p>● LR 05:00p-05:30p Music Fun</p>	<p>24</p> <p>● TH 10:00a-11:00a Genesis Exercise</p> <p>● TH 11:00a-11:45a Morning Musings</p> <p>● DR 01:30p-02:30p Music w/ John</p> <p>● TH 02:30p-03:30p Balloon Volleyball</p> <p>● DR 04:00p-05:00p Colored Pencil Art</p> <p>● LR 05:00p-05:30p Reminiscing</p>
<p>Memorial Day</p> <p>The Ivey will be CLOSED</p>	<p>28</p> <p>● TH 10:00a-11:00a Exercise</p> <p>● TH 11:00a-11:45a Morning Musings</p> <p>● TH 01:30p-02:30p Sketch Class</p> <p>● TH 02:30p-03:30p Music Appreciation</p> <p>● LR 04:00p-05:00p Fact or Fiction</p> <p>● LR 05:00p-05:30p Music Fun</p>	<p>29</p> <p>● TH 10:00a-11:00a Exercise</p> <p>● TH 11:00a-11:45a Morning Musings</p> <p>● DR 01:30p-02:30p Music w/ John</p> <p>● TH 02:30p-03:30p Musical Hang Man</p> <p>● LR 04:00p-05:00p Pet Therapy</p> <p>● LR 05:00p-05:30p Would You Rather</p>	<p>30</p> <p>● TH 10:00a-11:00a Exercise</p> <p>● TH 11:00a-11:45a Morning Musings</p> <p>● TH 01:30p-02:30p Jeopardy</p> <p>● DR 02:30p-03:30p Art in Action</p> <p>● LR 04:00p-05:00p Sing Along</p> <p>● LR 05:00p-05:30p Music Fun</p>	<p>31</p> <p>● TH 10:00a-11:00a Genesis Exercise</p> <p>● TH 11:00a-11:45a Morning Musings</p> <p>● DR 01:30p-02:30p Music w/ John</p> <p>● TH 02:30p-03:30p Word Cookies</p> <p>● DR 04:00p-05:00p Colored Pencil Art</p> <p>● LR 05:00p-05:30p Fact or Fiction</p>