LIFE ENRICHMENT CALENDAR

April	2018		

SPECIAL HIGHLIGHTS

- Art Therapy: Tues. @ 9am & 10am, Wed. @ 10am & 11am
- Golf Group: Mon. @ 1:30pm & Tues. @ 10-11am
- Music Therapy: Mon. @ 1:30pm, Wed. @ 11am & 1:30pm, Thurs. @ 11am.
- Musical Performance by John Lewis: 2, 4, 6, 9, 11, 12, 16, 17, 20, 23, 25, 27
- Yoga Group: Thurs. @ 1:30
- Pet Therapy: Wed. @ 3:30-4:30
- Bechtler Museum Memories Program: 6, 20, 27 @ 2:30

HEALTH TOPIC

Genesis Health Topic & Description: This month Genesis will discuss proper eating and cooking styles, how to pay attention to food intake quantity, and how to remain physically active.

ICON & LOCATION KEY

AR = ART & CRAFT ROOM **PT** = PUTTING GREEN **CP** = COVERED PORCH **PB** = BAR & LOUNGE **DR** = DINING & GAMING ROOM **LB** = LIBRARY **FR** = FITNESS ROOM **TH** = THEATRE **TK** = THERAPY KITCHEN **OD** = OUTDOORS **LR** = LIVING ROOM **TR** = TRANQUILITY ROOM

COGNITIVE PHYSICAL

PSYCHO-SOCIAL

ACTIVITIES ARE SUBJECT TO CHANGE

Each day at The Ivey is intentionally designed with the mind. The schedule is predictable to help with memory throughout the day to feel like home.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
DR 10:00a-11:00a Yoga	TH 10:00a-11:00a Exercise	TH 10:00a-11:00a Exercise	TH 10:00a-11:00a Exercise	DR 10:00a-11:00a Genesis Exercise
DR 11:00a-11:45a Music w/ John	TH 11:00a-11:45a Morning Musings	TH 11:00a-11:45a Morning Musings	TH 11:00a-11:45a Morning Musings	DR 11:00a-11:45a Music w/ John
TH 01:30p-02:30p Family Feud	TH 01:30p-02:30p Art Appreciation	DR 01:30p-02:30p Music w/ John	LR 01:30p-02:30p Corn Hole	TH 01:30p-02:30p Categories
DR 02:30p-03:30p Bingo	TH 02:30p-03:30p 100 Words	TH 02:30p-03:30p Hang Man	DR 02:30p-03:30p Café Ivey	TH 02:30p-03:30p Chair Dancing
TH 04:00p-05:00p Sing Along	TH 04:00p-05:00p News Currents	TH 04:00p-05:00p News Currents	DR 04:00p-05:00p Colored Pencil Art	TH 04:00p-05:00p Name That Tune
LR 05:00p-05:30p Reminiscing	LR 05:00p-05:30p Trivia Toss	LR 05:00p-05:30p Finish the Line	LR 05:00p-05:30p Alphabetics	LR 05:00p-05:30p Trivia
9	10	11	12	13
DR 10:00a-11:00a Yoga	TH 10:00a-11:00a Exercise	DR 10:00a-11:00a Exercise	DR 10:00a-11:00a Exercise	TH 10:00a-11:00a Genesis Exercise
DR 11:00a-11:45a Music w/ John	TH 11:00a-11:45a Morning Musings	DR 11:00a-11:45a Music w/ Tom	DR 11:00a-11:45a Music w/ John	TH 11:00a-11:45a Morning Musings
TH 01:30p-02:30p Wheel of Fortune	TH 01:30p-02:30p Sketch Class	DR 01:30p-02:30p Music w/ John	TH 01:30p-02:30p Balloon Volleyball	TH 01:30p-02:30p Crosswords
DR 02:30p-03:30p Music Bingo	TH 02:30p-03:30p Balloon Volleyball	TH 02:30p-03:30p Who Am I?	TH 02:30p-03:30p Fact or Fiction	LR 02:30p-03:30p Ring Toss
TH 04:00p-05:00p Sing Along	TH 04:00p-05:00p News Currents	TH 04:00p-05:00p News Currents	TH 04:00p-05:00p Word Cookies	TH 04:00p-05:00p Family Feud
LR 05:00p-05:30p Reminiscing	LR 05:00p-05:30p Music Fun	LR 05:00p-05:30p Trivia	LR 05:00p-05:30p Alphabetics	LR 05:00p-05:30p Music Fun
16	17	18	19	20
DR 10:00a-11:00a Yoga	TH 10:00a-11:00a Exercise	TH 10:00a-11:00a Exercise	TH 10:00a-11:00a Exercise	DR 10:00a-11:00a Genesis Exercise
DR 11:00a-11:45a Music w/ John	TH 11:00a-11:45a Morning Musings	TH 11:00a-11:45a Morning Musings	TH 11:00a-11:45a Morning Musings	DR 11:00a-11:45a Music w/ John
TH 01:30p-02:30p Jeopardy	DR 01:30p-02:30p Music w/ John	TH 01:30p-02:30p Art Appreciation	TH 01:30p-02:30p Travel w/ Willene	LR 01:30p-02:30p Ring Toss
DR 02:30p-03:30p Bingo	TH 02:30p-03:30p Famous Faces	DR 02:30p-03:30p Sensory Science	LR 02:30p-03:30p Basketball Toss	TH 02:30p-03:30p Categories
TH 04:00p-05:00p Sing Along	TH 04:00p-05:00p News Currents	TH 04:00p-05:00p Wii Games	TH 04:00p-05:00p News Currents	TH 04:00p-05:00p Humor Hour
LR 05:00p-05:30p Reminiscing	LR 05:00p-05:30p Trivia	LR 05:00p-05:30p Trivia	LR 05:00p-05:30p Music Fun	LR 05:00p-05:30p Would You Rather
23	24	25	26	27
DR 10:00a-11:00a Yoga	TH 10:00a-11:00a Exercise	DR 10:00a-11:00a Exercise	TH 10:00a-11:00a Exercise	TH 10:00a-11:00a Genesis Exercise
DR 11:00a-11:45a Music w/ John	TH 11:00a-11:45a Genesis Health	DR 11:00a-11:45a Music w/ John	TH 11:00a-11:45a Morning Musings	TH 11:00a-11:45a Morning Musings
TH 01:30p-02:30p Family Feud	LR 01:30p-02:30p Corn Hole	TH 01:30p-02:30p Sketch Class	TH 01:30p-02:30p 100 Words	DR 01:30p-02:30p Music w/ John
DR 02:30p-03:30p Music Bingo	TH 02:30p-03:30p Name That Tune	TH 02:30p-03:30p Chair Dancing	DR 02:30p-03:30p Art in Action	TH 02:30p-03:30p Crosswords
TH 04:00p-05:00p Sing Along	TH 04:00p-05:00p Humor Hour	TH 04:00p-05:00p News Currents	TH 04:00p-05:00p News Currents	DR 04:00p-05:00p Colored Pencil Art
LR 05:00p-05:30p Reminiscing	LR 05:00p-05:30p Music Fun	LR 05:00p-05:30p Finish the Line	LR 05:00p-05:30p Trivia	LR 05:00p-05:30p Alphabetics
30	Member Birthdays	Member Birthdays, Cont	Staff Birthdays	
TH 10:00a-11:00a Yoga	4/01 - Jerry K.	4/27 - Claude D.	4/19 - Andrea C.	\bigcirc
TH 11:00a-11:45a Morning Musings	4/10 - Cecelia P.	4/30 - Dick T.	4/20 - John M. 4/21 - Lynn I.	\bigcirc
TH 01:30p-02:30p Wheel of Fortune	4/13 - Lois T.	\bigcirc	4/22 - Vikki H.	\bigcirc
DR 02:30p-03:30p Bingo	4/20 - Claire N. 4/23 - Nancy B.	\bigcirc	\bigcirc	\bigcirc
TH 04:00p-05:00p Sing Along	4/23 - Sylvia S.	()	()	()
LR 05:00p-05:30p Reminiscing	4/27 - Betty C.	<u> </u>	<u> </u>	\bigcirc