



Optimize Your Brain Health & Memory Wellness

Resources & Respite for Living Well With MCI & Memory Loss

3 Convenient Memberships

OS
1

On-Site Club

For individuals with mild-to-moderate cognitive loss, independent in ADL's and mask & physical distancing compliant.

- baseline cognitive memory screenings
- comprehensive health assessment
- health & wellness plan development
- life enriching social engagement, exercise and brain healthy activities
- periodic check-in calls with our wellness team
- morning & afternoon healthy breakfast/afternoon snack

Four ½-day sessions p/week

OS

\$1,250 p/mo

VS
2

Virtual Sessions

For individuals who are seeking social engagement in a virtual format.

- one-on-one sessions
- small-group sessions including exercise, brain games, discussion topics, art & music activities
- virtual experiences coordinated and arranged with vetted and trained in-home care companies

Choice of 30+ sessions p/week

VS

\$150 p/mo

CR
3

Caregiver Resources

For caregivers throughout the memory-loss journey. Care coordination provided by our Certified Care Managers.

- needs assessments, screenings, plans of care, counsel and support, education and training
- identification and coordination of in-home care, physical therapy and other resources
- clinical liaison services to medical providers

3 hours p/mo in 15-, 30-, 45- or 60-min sessions

CR

\$255 p/mo

Bundled Options

OS + **VS** + **CR**

\$1,490 p/mo
Discounted 10%

OS + **VS**

\$1,330 p/mo
Discounted 5%

VS + **CR**

\$385 p/mo
Discounted 5%

The Ivey provides 4 complimentary Caregiver Success support groups each month, serving family caregivers of The Ivey and the community-at-large.