

LIFE ENRICHMENT CALENDAR

November 2018

SPECIAL HIGHLIGHTS

- Art Therapy: Tues. @ 9am & 10am, Wed. @ 10am & 11am
- Golf Group: Mon. @ 1:30pm & Thurs. @ 10am
- Meet Me at MoMA: Fri. @ 1:30
- Music Therapy: Mon. @ 1:30pm, Wed. @ 11 am, Thurs. @ 11am.
- Musical Performance by John Lewis: 2, 5, 7, 8, 12, 14, 16, 19, 20, 26, 28, & 30
- Pet Therapy: Wed. @ 3:30-4:30
- Small Yoga Group: Thurs. @ 1:30

HEALTH TOPIC

Genesis Health Topic & Description: This month Genesis will discuss healthy ageing and provide tips on how to achieve healthy ageing through lifestyle and environment.

ICON & LOCATION KEY

- AR = ART & CRAFT ROOM
- CP = COVERED PORCH
- DR = DINING & GAMING ROOM
- TK = THERAPY KITCHEN
- OD = OUTDOORS
- TR = TRANQUILITY ROOM
- PT = PUTTING GREEN
- PB = BAR & LOUNGE
- LB = LIBRARY
- TH = THEATRE
- LR = LIVING ROOM

- COGNITIVE
- PHYSICAL
- PSYCHO-SOCIAL

ACTIVITIES ARE SUBJECT TO CHANGE

Each day at The Ivey is intentionally designed with the preferences, interests and needs of each of our members in mind. The schedule is predictable to help with memory retention, but content varies to keep it interesting and stimulating. Everyday living activities are incorporated throughout the day to feel like home.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Member Birthdays</p> <ul style="list-style-type: none"> 11/01 - Steve P 11/04 - Deanne M 11/10 - Dorothy C 11/26 - Villet J 	<p>Staff Birthdays</p> <ul style="list-style-type: none"> 11/12 - Zelma S. 		<p>1</p> <ul style="list-style-type: none"> TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p Famous Faces LR 02:30p-03:30p Basketball Toss TH 04:00p-05:00p News Currents LR 05:00p-05:30p Music Fun 	<p>2</p> <ul style="list-style-type: none"> TH 10:00a-11:00a Genesis Exercise DR 11:00a-11:45a Music w/ John TH 01:30p-02:30p Name That Tune TH 02:30p-03:30p Trivia DR 04:00p-05:00p Colored Pencil Art LR 05:00p-05:30p Fact or Fiction
<p>5</p> <ul style="list-style-type: none"> TH 10:00a-11:00a Yoga DR 11:00a-11:45a Music w/ John TH 01:30p-02:30p Family Feud DR 02:30p-03:30p Bingo TH 04:00p-05:00p Sing Along LR 05:00p-05:30p Finish the Line 	<p>6</p> <ul style="list-style-type: none"> TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p Art Appreciation TH 02:30p-03:30p Crosswords TH 04:00p-05:00p Chat Pack LR 05:00p-05:30p Music Fun 	<p>7</p> <ul style="list-style-type: none"> TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings DR 01:30p-02:30p Music w/ John TH 02:30p-03:30p 100 Words TH 04:00p-05:00p Word Cookies LR 05:00p-05:30p Would You Rather 	<p>8</p> <ul style="list-style-type: none"> TH 10:00a-11:00a Exercise DR 11:00a-11:45a Music w/ John LR 01:30p-02:30p Ring Toss TH 02:30p-03:30p Who Am I? TH 04:00p-05:00p Word Cookies LR 05:00p-05:30p Music Fun 	<p>9</p> <ul style="list-style-type: none"> TH 10:00a-11:00a Genesis Exercise TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p Balloon Volleyball TH 02:30p-03:30p Music Group DR 04:00p-05:00p Colored Pencil Art LR 05:00p-05:30p Reminiscing
<p>12</p> <ul style="list-style-type: none"> TH 10:00a-11:00a Yoga DR 11:00a-11:45a Music w/ John TH 01:30p-02:30p Wheel of Fortune DR 02:30p-03:30p Bingo TH 04:00p-05:00p Sing Along LR 05:00p-05:30p You Be the Judge 	<p>13</p> <ul style="list-style-type: none"> TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p Sketch Class TH 02:30p-03:30p Bogle TH 04:00p-05:00p News Currents LR 05:00p-05:30p Trivia 	<p>14</p> <ul style="list-style-type: none"> TH 10:00a-11:00a Exercise DR 11:00a-11:45a Music w/ Tom DR 01:30p-02:30p Music w/ John TH 02:30p-03:30p Finish the Line TH 04:00p-05:00p Word Cookies LR 05:00p-05:30p Would You Rather 	<p>15</p> <ul style="list-style-type: none"> TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p Chair Dancing DR 02:30p-03:30p Art in Action TH 04:00p-05:00p News Currents LR 05:00p-05:30p Music Fun 	<p>16</p> <ul style="list-style-type: none"> TH 10:00a-11:00a Genesis Exercise DR 11:00a-11:45a Music w/ John TH 01:30p-02:30p Crosswords TH 02:30p-03:30p Spiritual Time DR 04:00p-05:00p Colored Pencil Art LR 05:00p-05:30p Fact or Fiction
<p>19</p> <ul style="list-style-type: none"> TH 10:00a-11:00a Yoga DR 11:00a-11:45a Music w/ John TH 01:30p-02:30p Family Feud DR 02:30p-03:30p Bingo TH 04:00p-05:00p Sing Along LR 05:00p-05:30p Finish the Line 	<p>20</p> <ul style="list-style-type: none"> TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings DR 01:30p-02:30p Music w/ John LR 02:30p-03:30p Corn Hole TH 04:00p-05:00p Chat Pack LR 05:00p-05:30p Trivia 	<p>21</p> <ul style="list-style-type: none"> TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p Art Appreciation DR 02:30p-03:30p Café Ivey TH 04:00p-05:00p Word Cookies LR 05:00p-05:30p Would You Rather 	<p>Thanksgiving Holiday</p> <p>The Ivey will be CLOSED</p>	<p>Thanksgiving Holiday</p> <p>The Ivey will be CLOSED</p>
<p>26</p> <ul style="list-style-type: none"> TH 10:00a-11:00a Yoga DR 11:00a-11:45a Music w/ John TH 01:30p-02:30p Wheel of Fortune DR 02:30p-03:30p Bingo TH 04:00p-05:00p Sing Along LR 05:00p-05:30p You Be the Judge 	<p>27</p> <ul style="list-style-type: none"> TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p Mad Libs TH 02:30p-03:30p Name That Tune TH 04:00p-05:00p News Currents LR 05:00p-05:30p Music Fun 	<p>28</p> <ul style="list-style-type: none"> TH 10:00a-11:00a Exercise DR 11:00a-11:45a Music w/ John TH 01:30p-02:30p Sketch Class DR 02:30p-03:30p Auction TH 04:00p-05:00p Word Cookies LR 05:00p-05:30p Would You Rather 	<p>29</p> <ul style="list-style-type: none"> TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p Musical Hang Man TH 02:30p-03:30p Alphabetics TH 04:00p-05:00p News Currents LR 05:00p-05:30p Music Fun 	<p>30</p> <ul style="list-style-type: none"> TH 10:00a-11:00a Genesis Exercise TH 11:00a-11:45a Morning Musings DR 01:30p-02:30p Music w/ John TH 02:30p-03:30p Travel w/ Willene DR 04:00p-05:00p Colored Pencil Art LR 05:00p-05:30p Fact or Fiction