

LIFE ENRICHMENT CALENDAR

September 2019

SPECIAL HIGHLIGHTS

- Art Therapy: Tues. @ 9am & 10am, Wed. @ 10am & 11am
- Golf Group: Mon. @ 1:30pm & Thurs. @ 10am
- Meet Me at MoMA: Fri. @ 1:30
- Music Therapy: Mon. @ 10:30am, Tue. @ 10:30 am.
- Musical Performance by John Lewis: 4, 6, 9, 11, 12, 16, 17, 20, 23, 25, 27 & 30
- Pet Therapy: Wed. @ 3:30-4:30
- Tai Chi: Fri. @ 2:30

SENIOR SCHOLARS

Specially curated topics from News Currents Senior and Ted Talks, plus guest speakers, including UNC-Charlotte professors and experts from Charlotte Mecklenburg Public Library, are part of the line-up for our expanded weekly Senior Scholars. T-W-Th

HEALTH TOPIC

Genesis Health Topic & Description: This month Genesis will discuss important reasons why people should be vaccinated in order to stay free of infectious diseases.

ICON & LOCATION KEY

- AR = ART & CRAFT ROOM
- CP = COVERED PORCH
- DR = DINING & GAMING ROOM
- TK = THERAPY KITCHEN
- OD = OUTDOORS
- TR = TRANQUILITY ROOM
- PT = PUTTING GREEN
- PB = BAR & LOUNGE
- LB = LIBRARY
- TH = THEATRE
- LR = LIVING ROOM

- COGNITIVE
- PHYSICAL
- PSYCHO-SOCIAL

ACTIVITIES ARE SUBJECT TO CHANGE

Each day at The Ivey is intentionally designed with the preferences, interests and needs of each of our members in mind. The schedule is predictable to help with memory retention, but content varies to keep it interesting and stimulating. Everyday living activities are incorporated throughout the day to feel like home.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Labor Day The Ivey will be CLOSED	3 TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p Art Appreciation TH 02:30p-03:30p 100 Words LR 04:00p-05:00p Name That Tune LR 05:00p-05:30p Music Fun	4 TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings DR 01:30p-02:30p Music w/ John TH 02:30p-03:30p 100 Words LR 04:00p-05:00p Pet Therapy LR 05:00p-05:30p Would You Rather	5 TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p Famous Faces TH 02:30p-03:30p Name That Tune LR 04:00p-05:00p Alphabetics LR 05:00p-05:30p Music Fun	6 TH 10:00a-11:00a Genesis Exercise DR 11:00a-11:45a Music w/ John TH 01:30p-02:30p Crosswords TH 02:30p-03:30p Karaoke DR 04:00p-05:00p Colored Pencil Art LR 05:00p-05:30p Fact or Fiction
9 TH 10:00a-11:00a Yoga DR 11:00a-11:45a Music w/ John TH 01:30p-02:30p Family Feud DR 02:30p-03:30p Bingo LR 04:00p-05:00p Sing Along LR 05:00p-05:30p You Be the Judge	10 TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p Sketch Class TH 02:30p-03:30p Music and Movement LR 04:00p-05:00p Name That Tune LR 05:00p-05:30p Trivia	11 TH 10:00a-11:00a Exercise DR 11:00a-11:45a Music w/ Tom DR 01:30p-02:30p Music w/ John TH 02:30p-03:30p Alphabetics LR 04:00p-05:00p Pet Therapy LR 05:00p-05:30p Would You Rather	12 TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings DR 01:30p-02:30p Music w/ John TH 02:30p-03:30p Musical Hang Man TH 04:00p-05:00p Word Cookies LR 05:00p-05:30p Music Fun	13 TH 10:00a-11:00a Genesis Exercise TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p Balloon Volleyball TH 02:30p-03:30p Karaoke DR 04:00p-05:00p Colored Pencil Art LR 05:00p-05:30p Reminiscing
16 TH 10:00a-11:00a Yoga DR 11:00a-11:45a Music w/ John TH 01:30p-02:30p Wheel of Fortune DR 02:30p-03:30p Bingo LR 04:00p-05:00p Sing Along LR 05:00p-05:30p Finish the Line	17 TH 10:00a-11:00a Exercise TH 11:00a-11:45a Genesis Health DR 01:30p-02:30p Music w/ John TH 02:30p-03:30p Hang Man LR 04:00p-05:00p Name That Tune LR 05:00p-05:30p Trivia	18 TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p Art Appreciation TH 02:30p-03:30p Finish the Line LR 04:00p-05:00p Pet Therapy LR 05:00p-05:30p Would You Rather	19 TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p Categories DR 02:30p-03:30p Café Ivey LR 04:00p-05:00p Alphabetics LR 05:00p-05:30p Music Fun	20 TH 10:00a-11:00a Genesis Exercise DR 11:00a-11:45a Music w/ John TH 01:30p-02:30p What am I? TH 02:30p-03:30p Spiritual Time DR 04:00p-05:00p Colored Pencil Art LR 05:00p-05:30p Fact or Fiction
23 TH 10:00a-11:00a Yoga DR 11:00a-11:45a Music w/ John TH 01:30p-02:30p Family Feud DR 02:30p-03:30p Bingo LR 04:00p-05:00p Sing Along LR 05:00p-05:30p You Be the Judge	24 TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p 100 Words TH 02:30p-03:30p Humor Hour LR 04:00p-05:00p Name That Tune LR 05:00p-05:30p Music Fun	25 TH 10:00a-11:00a Exercise DR 11:00a-11:45a Music w/ John TH 01:30p-02:30p Sketch Class TH 02:30p-03:30p Word Cookies LR 04:00p-05:00p Pet Therapy LR 05:00p-05:30p Would You Rather	26 TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p Travel w/ Willene DR 02:30p-03:30p Art in Action TH 04:00p-05:00p Word Cookies LR 05:00p-05:30p Music Fun	27 TH 10:00a-11:00a Genesis Exercise TH 11:00a-11:45a Morning Musings DR 01:30p-02:30p Music w/ John TH 02:30p-03:30p 100 Words DR 04:00p-05:00p Colored Pencil Art LR 05:00p-05:30p Reminiscing
30 TH 10:00a-11:00a Yoga DR 11:00a-11:45a Music w/ John TH 01:30p-02:30p Wheel of Fortune DR 02:30p-03:30p Bingo LR 04:00p-05:00p Sing Along LR 05:00p-05:30p Finish the Line	<u>Member Birthdays</u> 9/03 - Kit D. 9/15 - Ken D. 9/16 - Shirley N. 9/17 - Buddy W. 9/20 - Linda V. 9/23 - Marty S.	<u>Member Birthdays, Cont</u> 9/26 - Ruth H. 9/30 - George S.	<u>Staff Birthdays</u> 9/22 - Jessica M. 9/27 - Carey B.	<u>FOOTBALL FRENZY!</u> September 3rd-6th, The Ivey kicks off the 2019 football season with SPIRIT WEEK AT THE IVEY! Celebrate the Panthers' September 8th season kickoff against the L.A. Rams!!! Join us for Football Frenzy Fun all month!!! Details to come!