

LIFE ENRICHMENT CALENDAR

October 2017

SPECIAL HIGHLIGHTS

- Art Therapy: Tues. @ 9am & 10am, Wed. @ 10am & 11am
- Men’s Group: Tues. @ 10-11am
- Music Therapy & Special Interest Groups: Mon. @ 1:30pm, Wed. @ 11am & 1:30pm, Thurs. @ 11am.
- Sensational Musical Performance by John Lewis: 2, 4, 6, 9, 11, 12, 16, 17, 20, 23, 25, 27 & 30.
- Pet Therapy: Wed. @ 3:30-4:30
- Bridge Club: Mon. & Wed. @ 1:30-3:30pm

HEALTH TOPIC

Genesis Health Topic & Description: This month Genesis will discuss the benefits of every day fitness. Genesis will discuss helpful tips to optimize your health.

ICON & LOCATION KEY

- AR

 = ART & CRAFT ROOM
- CP

 = COVERED PORCH
- DR

 = DINING & GAMING ROOM
- FR

 = FITNESS ROOM
- TK

 = THERAPY KITCHEN
- OD

 = OUTDOORS

PT

 = PUTTING GREEN

PB

 = BAR & LOUNGE

LB

 = LIBRARY

TH

 = THEATRE

LR

 = LIVING ROOM

TR

 = TRANQUILITY ROOM

ACTIVITIES ARE SUBJECT TO CHANGE

Each day at The Ivey is intentionally designed with the preferences, interests and needs of each of our members in mind. The schedule is predictable to help with memory retention, but content varies to keep it interesting and stimulating. Everyday living activities are incorporated throughout the day to feel like home.



MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
2				3				4				5				6			
	DR	10:00a-11:00a	Exercise /Yoga		TH	10:00a-11:00a	Exercise		TH	10:00a-11:00a	Exercise		TH	10:00a-11:00a	Exercise		DR	10:00a-11:00a	Genesis Exercise
	DR	11:00a-11:45a	Music w/ John		TH	11:00a-11:45a	Morning Musings		TH	11:00a-11:45a	Morning Musings		TH	11:00a-11:45a	Morning Musings		DR	11:00a-11:45a	Music w/ John
	TH	01:30p-02:30p	Wheel of Fortune		TH	01:30p-02:30p	Art Appreciation		DR	01:30p-02:30p	Music w/ John		TH	01:30p-02:30p	Jeopardy		DR	01:30p-02:30p	Crosswords
	DR	02:30p-03:30p	Bingo		TH	02:30p-03:30p	Chair Dancing		TH	02:30p-03:30p	Mad Libs		TH	02:30p-03:30p	Charades		DR	02:30p-03:30p	Colored Pencil Art
	LR	04:00p-05:00p	Sing Along		LR	04:00p-05:00p	Corn Hole		LR	04:00p-05:00p	Tic Tac Toss		LR	04:00p-05:00p	Basketball Toss		LR	04:00p-05:00p	Football Throw
	LR	05:00p-05:30p	Finish the Line		LR	05:00p-05:30p	Reminiscing		LR	05:00p-05:30p	Trivia		LR	05:00p-05:30p	Music Fun		LR	05:00p-05:30p	Humor Hour
9				10				11				12				13			
	DR	10:00a-11:00a	Exercise /Yoga		TH	10:00a-11:00a	Exercise		DR	10:00a-11:00a	Exercise		DR	10:00a-11:00a	Exercise		TH	10:00a-11:00a	Genesis Exercise
	DR	11:00a-11:45a	Music w/ John		TH	11:00a-11:45a	Morning Musings		DR	11:00a-11:45a	Music w/ Tom		DR	11:00a-11:45a	Music w/ John		TH	11:00a-11:45a	Morning Musings
	TH	01:30p-02:30p	Family Feud		TH	01:30p-02:30p	Sketch Class		DR	01:30p-02:30p	Music w/ John		TH	01:30p-02:30p	Chair Dancing		TH	01:30p-02:30p	Spiritual Time
	DR	02:30p-03:30p	Bingo		TH	02:30p-03:30p	Categories		TH	02:30p-03:30p	100 Words		TH	02:30p-03:30p	Hang Man		TH	02:30p-03:30p	Pictionary
	LR	04:00p-05:00p	Sing Along		TH	04:00p-05:00p	Wii Games		LR	04:00p-05:00p	Tic Tac Toss		LR	04:00p-05:00p	Corn Hole		LR	04:00p-05:00p	Ring Toss
	LR	05:00p-05:30p	Finish the Line		LR	05:00p-05:30p	Reminiscing		LR	05:00p-05:30p	Trivia		LR	05:00p-05:30p	Chat Pack		LR	05:00p-05:30p	Music Fun
16				17				18				19				20			
	DR	10:00a-11:00a	Exercise /Yoga		TH	10:00a-11:00a	Exercise		TH	10:00a-11:00a	Exercise		TH	10:00a-11:00a	Exercise		DR	10:00a-11:00a	Genesis Exercise
	DR	11:00a-11:45a	Music w/ John		TH	11:00a-11:45a	Genesis Health		TH	11:00a-11:45a	Morning Musings		TH	11:00a-11:45a	Morning Musings		DR	11:00a-11:45a	Music w/ John
	TH	01:30p-02:30p	Wheel of Fortune		TH	01:30p-02:30p	Music w/ John		TH	01:30p-02:30p	Art Appreciation		TH	01:30p-02:30p	Balloon Volleyball		TH	01:30p-02:30p	Travel w/ Willene
	DR	02:30p-03:30p	Bingo		DR	02:30p-03:30p	Art in Action		DR	02:30p-03:30p	Café Ivey		TH	02:30p-03:30p	Jeopardy		DR	02:30p-03:30p	Sensory Science
	LR	04:00p-05:00p	Sing Along		LR	04:00p-05:00p	Tic Tac Toss		TH	04:00p-05:00p	Wii Games		LR	04:00p-05:00p	Ring Toss		LR	04:00p-05:00p	Corn Hole
	LR	05:00p-05:30p	Finish the Line		LR	05:00p-05:30p	Chat Pack		LR	05:00p-05:30p	Trivia		LR	05:00p-05:30p	Music Fun		LR	05:00p-05:30p	Reminiscing
23				24				25				26				27			
	DR	10:00a-11:00a	Exercise /Yoga		TH	10:00a-11:00a	Exercise		DR	10:00a-11:00a	Exercise		TH	10:00a-11:00a	Exercise		TH	10:00a-11:00a	Genesis Exercise
	DR	11:00a-11:45a	Music w/ John		TH	11:00a-11:45a	Morning Musings		DR	11:00a-11:45a	Music w/ John		TH	11:00a-11:45a	Morning Musings		TH	11:00a-11:45a	Morning Musings
	TH	01:30p-02:30p	Hang Man		TH	01:30p-02:30p	Chair Dancing		TH	01:30p-02:30p	Sketch Class		TH	01:30p-02:30p	Family Feud		DR	01:30p-02:30p	Music w/ John
	DR	02:30p-03:30p	Bingo		TH	02:30p-03:30p	Categories		DR	02:30p-03:30p	Oktoberfest		DR	02:30p-03:30p	Colored Pencil Art		TH	02:30p-03:30p	Humor Hour
	LR	04:00p-05:00p	Sing Along		LR	04:00p-05:00p	Corn Hole		LR	04:00p-05:00p	Football Throw		LR	04:00p-05:00p	Tic Tac Toss		LR	04:00p-05:00p	Trivia Toss
	LR	05:00p-05:30p	Finish the Line		LR	05:00p-05:30p	Music Fun		LR	05:00p-05:30p	Trivia		LR	05:00p-05:30p	Chat Pack		LR	05:00p-05:30p	Reminiscing
30				31															
	DR	10:00a-11:00a	Exercise /Yoga		TH	10:00a-11:00a	Exercise	 10/05 - Marion P.				 10/01 - Nicole W.							
	DR	11:00a-11:45a	Music w/ John		TH	11:00a-11:45a	Morning Musings	 10/06 - Trudy D.				 10/23 - Nicci R.							
	TH	01:30p-02:30p	Wheel of Fortune		TH	01:30p-02:30p	Family Feud	 10/09 - Beverly B.				 10/24 - Lisa G.							
	DR	02:30p-03:30p	Bingo		DR	02:30p-03:30p	Halloween Social	 10/13 - Mary H.				 10/25 - Eileen B.							
	LR	04:00p-05:00p	Sing Along		LR	04:00p-05:00p	Legends of NC	 10/14 - Karen T.											
	LR	05:00p-05:30p	Finish the Line		LR	05:00p-05:30p	Reminiscing	 10/26 - Evelyn C.											