November 2019

SPECIAL HIGHLIGHTS

- Art Therapy: Tues. @ 9am & 10am, Wed. @ 10am & 11am
- Golf Group: Mon. @ 1:30pm & Thurs. @ 10am
- Meet Me at MoMA: Fri. @ 1:30
- Music Therapy: Wed. @ 11:00am, Thurs. @ 2:00 pm.
- Pet Therapy: Wed. @ 3:30-4:30 pm
- Tai Chi: Tues. @ 1:30 pm
- Small Yoga Group: Thurs. @ 1:30

SENIOR SCHOLARS

Specially curated topics from News Currents Senior and Ted Talks, plus guest speakers, including UNC-Charlotte professors and experts from Charlotte Mecklenburg Public Library, are part of the line-up for our expanded weekly Senior Scholars. T-W-Th

HEALTH TOPIC

Genesis Health Topic & Description: This month Genesis will discuss healthy ageing and provide tips on how to achieve healthy ageing through lifestyle and environment.

ICON & LOCATION KEY

AR = ART & CRAFT ROOM
CP = COVERED PORCH
DR = DINING & GAMING ROOM
TK = THERAPY KITCHEN
OD = OUTDOORS
TR = TRANQUILITY ROOM
PT = PUTTING GREEN
PB = BAR & LOUNGE
LB = LIBRARY
TH = THEATRE
LR = LIVING ROOM

COGNITIVE PHYSICAL PSYCHO-SOCIAL

ACTIVITIES ARE SUBJECT TO CHANGE

Each day at The Ivey is intentionally designed with the preferences, interests and needs of each of our members in mind. The schedule is predictable to help with memory retention, but content varies to keep it interesting and stimulating. Everyday living activities are incorporated throughout the day to feel like home.

THE IVEY®

LIFE ENRICHMENT CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Member Birthdays 11/04 - Deanne M. 11/10 - Jill G. 11/10 - Dorothy C. 11/13 - Betty E. 11/18 - John E. 11/27 - Betsy M.	**Staff Birthdays** 11/12 - Zelma S.	Be on the look out for special events all month that promote an Attitude of Gratitude!	Join us for a special **Veterans Day** program on November 11th to honor all of our veterans!	**1** TH 10:00a-11:00a **Genesis Exercise** TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p **Music w/ Christine** TH 02:30p-03:30p 100 Words DR 04:00p-05:00p Colored Pencil Art LR 05:00p-05:30p Fact or Fiction
4 TH 10:00a-11:00a **Yoga** TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p Family Feud DR 02:30p-03:30p Bingo LR 04:00p-05:00p Sing Along LR 05:00p-05:30p Finish the Line	**5** TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p Alphabetics TH 02:30p-03:30p Chair Dancing LR 04:00p-05:00p Name That Tune LR 05:00p-05:30p Music Fun	**6** TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p **Sketch Class** DR 02:30p-03:30p Art in Action LR 04:00p-05:00p **Pet Therapy** LR 05:00p-05:30p Would You Rather	**7** TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p **Yoga** TH 02:30p-03:30p Famous Faces TH 04:00p-05:00p Word Cookies LR 05:00p-05:30p Music Fun	**8** TH 10:00a-11:00a **Genesis Exercise** TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p Balloon Volleyball TH 02:30p-03:30p Karaoke DR 04:00p-05:00p Colored Pencil Art LR 05:00p-05:30p Reminiscing
11 TH 10:00a-11:00a **Yoga** DR 11:00a-11:45a Veterans Day Celebration TH 01:30p-02:30p Wheel of Fortune DR 02:30p-03:30p Bingo LR 04:00p-05:00p Sing Along LR 05:00p-05:30p You Be the Judge	**12** TH 10:00a-11:00a Exercise DR 11:00a-11:45a **Music w/ Tom** TH 01:30p-02:30p Musical Hang Man TH 02:30p-03:30p Chair Dancing LR 04:00p-05:00p Name That Tune LR 05:00p-05:30p Trivia	**13** TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p **Art Appreciation** DR 02:30p-03:30p Art in Action LR 04:00p-05:00p **Pet Therapy** LR 05:00p-05:30p Would You Rather	**14** TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p **Yoga** TH 02:30p-03:30p **Travel w/ Willene** TH 04:00p-05:00p Word Cookies LR 05:00p-05:30p Music Fun	**15** TH 10:00a-11:00a **Genesis Exercise** TH 11:00a-11:45a Morning Musings DR 01:30p-02:30p **Piano w/ Ethan** TH 02:30p-03:30p Spiritual Time DR 04:00p-05:00p Colored Pencil Art LR 05:00p-05:30p Fact or Fiction
18 TH 10:00a-11:00a **Yoga** TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p Family Feud DR 02:30p-03:30p Bingo LR 04:00p-05:00p Sing Along LR 05:00p-05:30p Finish the Line	**19** TH 10:00a-11:00a Exercise TH 11:00a-11:45a **Genesis Health** TH 01:30p-02:30p Who Am I? DR 02:30p-03:30p Thankful Art LR 04:00p-05:00p Name That Tune LR 05:00p-05:30p Trivia	**20** TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p **Sketch Class** LR 02:30p-03:30p Bean Bag Toss LR 04:00p-05:00p **Pet Therapy** LR 05:00p-05:30p Would You Rather	**21** TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p **Yoga** TH 02:30p-03:30p Word Cookies TH 04:00p-05:00p Alphabetics LR 05:00p-05:30p Music Fun	**22** TH 10:00a-11:00a **Genesis Exercise** TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p Balloon Volleyball TH 02:30p-03:30p Karaoke DR 04:00p-05:00p Colored Pencil Art LR 05:00p-05:30p Fact or Fiction
25 TH 10:00a-11:00a **Yoga** TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p Wheel of Fortune DR 02:30p-03:30p Bingo LR 04:00p-05:00p Sing Along LR 05:00p-05:30p You Be the Judge	**26** TH 10:00a-11:00a Exercise DR 11:00a-11:45a **Music w/ Tom** TH 01:30p-02:30p Jeopardy DR 02:30p-03:30p Chair Dancing LR 04:00p-05:00p Name That Tune LR 05:00p-05:30p Music fun	**27** TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p **Art Appreciation** DR 02:30p-03:30p Café Ivey LR 04:00p-05:00p **Pet Therapy** LR 05:00p-05:30p Would You Rather	**28** Thanksgiving Holiday The Ivey will be CLOSED	**29** Thanksgiving Holiday The Ivey will be CLOSED