

LIFE ENRICHMENT CALENDAR

February 2019

SPECIAL HIGHLIGHTS

- Art Therapy: Tues. @ 9am & 10am, Wed. @ 10am & 11am
- Golf Group: Mon. @ 1:30pm & Thurs. @ 10am
- Meet Me at MoMA: Fri. @ 1:30
- Music Therapy: Mon. @ 1:30pm, Wed. @ 11 am, Thurs. @ 11am.
- Musical Performance by John Lewis: 1, 4, 6, 11, 13, 15, 18, 19, 22, 25, 27
- Pet Therapy: Wed. @ 3:30-4:30
- Tai Chi: Fri. @ 2:30
- Small Yoga Group: Thurs. @ 1:30

HEALTH TOPIC

Genesis Health Topic & Description: This month Genesis will discuss what the New Year and rehabilitation therapy have in common.

ICON & LOCATION KEY

- AR = ART & CRAFT ROOM
- CP = COVERED PORCH
- DR = DINING & GAMING ROOM
- TK = THERAPY KITCHEN
- OD = OUTDOORS
- TR = TRANQUILITY ROOM
- PT = PUTTING GREEN
- PB = BAR & LOUNGE
- LB = LIBRARY
- TH = THEATRE
- LR = LIVING ROOM

- COGNITIVE
- PHYSICAL
- PSYCHO-SOCIAL

ACTIVITIES ARE SUBJECT TO CHANGE

Each day at The Ivey is intentionally designed with the preferences, interests and needs of each of our members in mind. The schedule is predictable to help with memory retention, but content varies to keep it interesting and stimulating. Everyday living activities are incorporated throughout the day to feel like home.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Member Birthdays</p> <p>2/06 - Joan B 2/17 - Andrea L 2/20 - Tom C</p>	<p>Staff Birthdays</p> <p>2/22 - Ha B.</p>	<p>NEW!!!</p> <p>Tai Chi for Memory</p> <p>Tai Chi in a Chair Fridays at 2:30</p>		<p>1</p> <p>TH 10:00a-11:00a Genesis Exercise DR 11:00a-11:45a Music w/ John TH 01:30p-02:30p Balloon Volleyball TH 02:30p-03:30p Crosswords DR 04:00p-05:00p Colored Pencil Art LR 05:00p-05:30p Fact or Fiction</p>
<p>4</p> <p>TH 09:00a-10:00a Hymn Sing TH 10:00a-11:00a Yoga DR 11:00a-11:45a Music w/ John TH 01:30p-02:30p Wheel of Fortune DR 02:30p-03:30p Bingo TH 04:00p-05:00p Sing Along</p>	<p>5</p> <p>TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p Sketch Class TH 02:30p-03:30p Mad Libs TH 04:00p-05:00p Chat Pack LR 05:00p-05:30p Music Fun</p>	<p>6</p> <p>TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings DR 01:30p-02:30p Music w/ John TH 02:30p-03:30p Alphabetics TH 04:00p-05:00p Word Cookies LR 05:00p-05:30p Would You Rather</p>	<p>7</p> <p>TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p Famous Faces TH 02:30p-03:30p Name That Tune TH 04:00p-05:00p News Currents LR 05:00p-05:30p Music Fun</p>	<p>8</p> <p>TH 10:00a-11:00a Genesis Exercise TH 11:00a-11:45a Museum Memories TH 01:30p-02:30p Musical Hang Man TH 02:30p-03:30p Humor Hour LR 04:00p-05:00p Colored Pencil Art LR 05:00p-05:30p Reminiscing</p>
<p>11</p> <p>TH 09:00a-10:00a Hymn Sing TH 10:00a-11:00a Yoga DR 11:00a-11:45a Music w/ John TH 01:30p-02:30p Family Feud DR 02:30p-03:30p Bingo TH 04:00p-05:00p Sing Along</p>	<p>12</p> <p>TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p Art Appreciation TH 02:30p-03:30p Categories TH 04:00p-05:00p News Currents LR 05:00p-05:30p Trivia</p>	<p>13</p> <p>TH 10:00a-11:00a Exercise DR 11:00a-11:45a Music w/ Tom DR 01:30p-02:30p Music w/ John TH 02:30p-03:30p Alphabetics TH 04:00p-05:00p Word Cookies LR 05:00p-05:30p Would You Rather</p>	<p>14</p> <p>TH 10:00a-11:00a Exercise DR 11:00a-11:45a Encore Singers TH 01:30p-02:30p Famous Faces DR 02:30p-03:30p Valentine Making TH 04:00p-05:00p Sing Along LR 05:00p-05:30p Music Fun</p>	<p>15</p> <p>TH 10:00a-11:00a Genesis Exercise DR 11:00a-11:45a Music w/ John TH 01:30p-02:30p Balloon Volleyball TH 02:30p-03:30p Spiritual Time DR 04:00p-05:00p Colored Pencil Art LR 05:00p-05:30p Fact or Fiction</p>
<p>18</p> <p>TH 10:00a-11:00a Yoga DR 11:00a-11:45a Music w/ John TH 01:30p-02:30p Wheel of Fortune DR 02:30p-03:30p Bingo TH 04:00p-05:00p Sing Along LR 05:00p-05:30p Finish the Line</p>	<p>19</p> <p>TH 10:00a-11:00a Exercise DR 11:00a-11:45a Piedmont Piano Trio DR 01:30p-02:30p Music w/ John TH 02:30p-03:30p 100 words TH 04:00p-05:00p Chat Pack LR 05:00p-05:30p Trivia</p>	<p>20</p> <p>TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p Sketch Class TH 02:30p-03:30p Jeopardy TH 04:00p-05:00p Word Cookies LR 05:00p-05:30p Would You Rather</p>	<p>21</p> <p>TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p Hang Man DR 02:30p-03:30p Art in Action TH 04:00p-05:00p News Currents LR 05:00p-05:30p Music Fun</p>	<p>22</p> <p>TH 10:00a-11:00a Genesis Exercise DR 11:00a-11:45a Music w/ John TH 01:30p-02:30p Finish the Line TH 02:30p-03:30p Chair Dancing DR 04:00p-05:00p Colored Pencil Art LR 05:00p-05:30p Reminiscing</p>
<p>25</p> <p>TH 10:00a-11:00a Yoga DR 11:00a-11:45a Music w/ John TH 01:30p-02:30p Family Feud DR 02:30p-03:30p Bingo TH 04:00p-05:00p Sing Along LR 05:00p-05:30p You Be the Judge</p>	<p>26</p> <p>TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings TH 01:30p-02:30p Music Appreciation TH 02:30p-03:30p Chair Dancing TH 04:00p-05:00p News Currents LR 05:00p-05:30p Music Fun</p>	<p>27</p> <p>TH 10:00a-11:00a Exercise DR 11:00a-11:45a Music w/ John TH 01:30p-02:30p Art Appreciation DR 02:30p-03:30p Café Ivey TH 04:00p-05:00p Word Cookies LR 05:00p-05:30p Would You Rather</p>	<p>28</p> <p>TH 10:00a-11:00a Exercise TH 11:00a-11:45a Morning Musings LR 01:30p-02:30p Bogle TH 02:30p-03:30p Travel w/ Willene TH 04:00p-05:00p Word Cookies LR 05:00p-05:30p Music Fun</p>	<p>1</p> <p>TH 10:00a-11:00a Genesis Exercise DR 11:00a-11:45a Music w/ John TH 01:30p-02:30p Balloon Volleyball TH 02:30p-03:30p Crosswords DR 04:00p-05:00p Colored Pencil Art LR 05:00p-05:30p Reminiscing</p>