## LIFE ENRICHMENT CALENDAR

# July 2018

#### SPECIAL HIGHLIGHTS

- Art Therapy: Tues. @ 9am & 10am, Wed. @ 10am & 11am
- Golf Group: Mon. @ 10am & 1:30pm
- Music Therapy: Mon. @ 1:30pm, Wed. @ 1:30pm, Thurs. @ 11am.
- Musical Performance by John Lewis: 2, 4, 6, 9, 11, 12, 16, 17, 29, 23, 25, 27, 30
- Yoga Group: Thurs. @ 1:30
- Pet Therapy: Wed. @ 3:30-4:30

### HEALTH TOPIC

Genesis Health Topic & Description: This month Genesis will discuss ways to boost mental health. Some of the ways include spending time outdoors, writing, trying new things, and disconnecting from technology.

#### ICON & LOCATION KEY

**AR** = ART & CRAFT ROOM

**CP** = COVERED PORCH

**DR** = DINING & GAMING ROOM

**TK** = THERAPY KITCHEN

**OD** = OUTDOORS

**TR** = TRANQUILITY ROOM

**PT** = PUTTING GREEN

**PB** = BAR & LOUNGE

**LB** = LIBRARY

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**TH** = THEATRE

**LR** = LIVING ROOM

LR 05:00p-05:30p Finish the Line



#### ACTIVITIES ARE SUBJECT TO CHANGE

Each day at The Ivey is intentionally designed with the preferences, interests and needs of each of our members in mind. The schedule is predictable to help with memory retention, but content varies to keep it interesting and stimulating. Everyday living activities are incorporated throughout the day to feel like home.



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	2	3	4	5	6
	DR 10:00a-11:00a Yoga	<b>TH</b> 10:00a-11:00a Exercise	<b>TH</b> 10:00a-11:00a Exercise	<b>TH</b> 10:00a-11:00a Exercise	DR 10:00a-11:00a Genesis Exercise
	DR 11:00a-11:45a Musicw/ John	TH 11:00a-11:45a Morning Musings	TH 11:00a-11:45a Morning Musings	тн 11:00a-11:45a Morning Musings	DR 11:00a-11:45a Musicw/ John
	<b>TH</b> 01:30p-02:30p Family Feud	TH 01:30p-02:30p Art Appreciation	DR 01:30p-02:30p Music w/ John	TH 01:30p-02:30p Famous Faces	TH 01:30p-02:30p Balloon Volleyball
	DR 02:30p-03:30p Bingo	TH 02:30p-03:30p Name That Tune	DR 02:30p-03:30p 4th of July Carnival	LR 02:30p-03:30p Corn Hole	TH 02:30p-03:30p Name That Tune
	TH 04:00p-05:00p Sing Along	TH 04:00p-05:00p Bogle	TH 04:00p-05:00p Patriotic Songs	TH 04:00p-05:00p News Currents	DR 04:00p-05:00p Colored Pencil Art
	LR 05:00p-05:30p Finish the Line	LR 05:00p-05:30p Music Fun	LR 05:00p-05:30p Would You Rather	LR 05:00p-05:30p Trivia	LR 05:00p-05:30p Fact or Fiction
9	9 1	.0	11	12 1	3
	DR 10:00a-11:00a Yoga	тн 10:00a-11:00a Exercise	DR 10:00a-11:00a Exercise	DR 10:00a-11:00a Exercise	TH 10:00a-11:00a Genesis Exercise
	DR 11:00a-11:45a Musicw/John	TH 11:00a-11:45a Morning Musings	DR 11:00a-11:45a Music w/ Tom	DR 11:00a-11:45a Musicw/ John	TH 11:00a-11:45a Morning Musings
	TH 01:30p-02:30p Wheel of Fortune	TH 01:30p-02:30p Sketch Class	DR 01:30p-02:30p Music w/ John	TH 01:30p-02:30p Who Am I?	<b>TH</b> 01:30p-02:30p Categories
	DR 02:30p-03:30p Music Bingo	<b>TH</b> 02:30p-03:30p Hang Man	LR 02:30p-03:30p Basketball Toss	DR 02:30p-03:30p Art in Action	<b>LR</b> 02:30p-03:30p Corn Hole
	TH 04:00p-05:00p Sing Along	TH 04:00p-05:00p News Currents	<b>TH</b> 04:00p-05:00p Word Cookies	TH 04:00p-05:00p Word Cookies	DR 04:00p-05:00p Colored Pencil Art
	LR 05:00p-05:30p You Be the Judge	LR 05:00p-05:30p Trivia	LR 05:00p-05:30p Would You Rather	LR 05:00p-05:30p Music Fun	LR 05:00p-05:30p Reminiscing
10	6 1	.7	18	19	20
	DR 10:00a-11:00a Yoga	<b>TH</b> 10:00a-11:00a Exercise	<b>TH</b> 10:00a-11:00a Exercise	TH 10:00a-11:00a Exercise	TH 10:00a-11:00a Genesis Exercise
	DR 11:00a-11:45a Musicw/John	TH 11:00a-11:45a Genesis Health	TH 11:00a-11:45a Morning Musings	TH 11:00a-11:45a Morning Musings	DR 11:00a-11:45a Musicw/ John
	<b>TH</b> 01:30p-02:30p Family Feud	DR 01:30p-02:30p Music w/ John	TH 01:30p-02:30p Art Appreciation	TH 01:30p-02:30p Music Appreciation	TH 01:30p-02:30p Balloon Volleyball
	DR 02:30p-03:30p Bingo	LR 02:30p-03:30p Ring Toss	<b>DR</b> 02:30p-03:30p Café Ivey	TH 02:30p-03:30p Musical Hang Man	TH 02:30p-03:30p Spiritual Time
	TH 04:00p-05:00p Sing Along	<b>TH</b> 04:00p-05:00p Bogle	TH 04:00p-05:00p Word Cookies	TH 04:00p-05:00p News Currents	DR 04:00p-05:00p Colored Pencil Art
	LR 05:00p-05:30p Finish the Line	<b>LR</b> 05:00p-05:30p Trivia	LR 05:00p-05:30p Would You Rather	LR 05:00p-05:30p Music Fun	LR 05:00p-05:30p Alphabetics
2	3	24	25	26	7
	DR 10:00a-11:00a Yoga	<b>TH</b> 10:00a-11:00a Exercise	DR 10:00a-11:00a Exercise	TH 10:00a-11:00a Exercise	DR 10:00a-11:00a Genesis Exercise
L	DR 11:00a-11:45a Music w/ John	TH 11:00a-11:45a Morning Musings	DR 11:00a-11:45a Music w/ John	TH 11:00a-11:45a Morning Musings	DR 11:00a-11:45a Musicw/ John
	TH 01:30p-02:30p Wheel of Fortune	TH 01:30p-02:30p Chair Dancing	TH 01:30p-02:30p Sketch Class	LR 01:30p-02:30p Corn Hole	LR 01:30p-02:30p Basketball Toss
	DR 02:30p-03:30p Music Bingo	<b>TH</b> 02:30p-03:30p Crosswords	<b>TH</b> 02:30p-03:30p I Spy Detective	TH 02:30p-03:30p Travel w/ Willene	<b>TH</b> 02:30p-03:30p Crosswords
	<b>TH</b> 04:00p-05:00p Sing Along	TH 04:00p-05:00p News Currents	<b>TH</b> 04:00p-05:00p Word Cookies	TH 04:00p-05:00p Word Cookies	DR 04:00p-05:00p Colored Pencil Art
	LR 05:00p-05:30p You Be the Judge	<b>LR</b> 05:00p-05:30p Music Fun	LR 05:00p-05:30p Would You Rather	LR 05:00p-05:30p Porch Fun	LR 05:00p-05:30p Fact or Fiction
30	0	31	<u>Member Birthdays</u>	Member Birthdays, Cont	Staff Birthdays
	DR 10:00a-11:00a Yoga	TH 10:00a-11:00a Exercise	7/08 - Larry R.	7/31 - Heidi D.	7/12 - Kimberly S.
	DR 11:00a-11:45a Music w/ John	TH 11:00a-11:45a Morning Musings	7/09 - Bob A.		7/22 - Tracey E. 7/23 - John W.
	<b>TH</b> 01:30p-02:30p Family Feud	<b>LR</b> 01:30p-02:30p Ring Toss	7/10 - Joan P. 7/17 - Bob N.		)
	DR 02:30p-03:30p Bingo	<b>TH</b> 02:30p-03:30p Jeopardy	7/21 - Willene B.		)
	TH 04:00p-05:00p Sing Along	<b>TH</b> 04:00p-05:00p Bogle	7/27 - Ty B.		)

7/29 - Pat B.

LR 05:00p-05:30p Music Fun