LIFE ENRICHMENT CALENDAR

March 2018

SPECIAL HIGHLIGHTS

- Art Therapy: Tues. @ 9am & 10am, Wed. @ 10am & 11am
- Golf Group: Mon. @ 1:30pm & Tues. @ 10-11am
- Music Therapy: Mon. @ 1:30pm, Wed. @ 11am & 1:30pm, Thurs. @ 11am.
- Musical Performance by John Lewis: 2, 5, 7, 8, 12, 14, 16, 19, 20, 23, 26, 28
- Yoga Group: Thurs. @ 1:30
- Pet Therapy: Wed. @ 3:30-4:30
- Bridge Club: Mon. & Wed. @ 1:30-3:30pm

HEALTH TOPIC

Genesis Health Topic & Description: This month Genesis will discuss the importance of limiting salt intake in foods to better improve one's health.

ICON & LOCATION KEY

- **AR** = ART & CRAFT ROOM
- **CP** = COVERED PORCH
- **DR** = DINING & GAMING ROOM
- FR = FITNESS ROOM
- **TK** = THERAPY KITCHEN
- **OD** = OUTDOORS

- **PT** = PUTTING GREEN
- **PB** = BAR & LOUNGE
- **LB** = LIBRARY
- **TH** = THEATRE
- LR = LIVING ROOM

TH 04:00p-05:00p Sing Along

LR 05:00p-05:30p Reminiscing

★ TH 04:00p-05:00p Crosswords

LR 05:00p-05:30p Music Fun

TR = TRANQUILITY ROOM



ACTIVITIES ARE SUBJECT TO CHANGE

Each day at The Ivey is intentionally designed with the preferences, interests and needs of each of our members in mind. The schedule is predictable to help with memory retention, but content varies to keep it interesting and stimulating. Everyday living activities are incorporated throughout the day to feel like home.



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Member Birthdays	Staff Birthdays		1	2
7	3/04 - Divina M.	3/21 - Libby S.		TH 10:00a-11:00a Exercise	DR 10:00a-11:00a Genesis Exercise
	3/06 - Virginia T.			TH 11:00a-11:45a Morning Musings	DR 11:00a-11:45a Music w/ John
	3/17 - Linda B.			LR 01:30p-02:30p Corn Hole	TH 01:30p-02:30p Chair Dancing
\ 	3/19 - Lacothia G.			TH 02:30p-03:30p Family Feud	TH 02:30p-03:30p Categories
	3/19 - Millie M. 3/30 - Marshall G.			DR 04:00p-05:00p Colored Pencil Art	TH 04:00p-05:00p Name That Tune
	3/31 - Ken H.			LR 05:00p-05:30p Alphabetics	LR 05:00p-05:30p Trivia
19,	<u>'</u>			LR 00.00p-00.30p Aphrabetics	LR 05.00p-05.30p Tilvia
	5	6	7	8	9
	DR 10:00a-11:00a Yoga	TH 10:00a-11:00a Exercise	TH 10:00a-11:00a Exercise	DR 10:00a-11:00a Exercise	TH 10:00a-11:00a Genesis Exercise
	DR 11:00a-11:45a Musicw/ John	TH 11:00a-11:45a Morning Musings	TH 11:00a-11:45a Morning Musings	DR 11:00a-11:45a Musicw/John	TH 11:00a-11:45a Morning Musings
	TH 01:30p-02:30p Family Feud	TH 01:30p-02:30p Art Appreciation	DR 01:30p-02:30p Music w/ John	TH 01:30p-02:30p Travel w/ Willene	TH 01:30p-02:30p Crosswords
	DR 02:30p-03:30p Bingo	TH 02:30p-03:30p 100 Words	TH 02:30p-03:30p Hang Man	TH 02:30p-03:30p Balloon Volleyball	TH 02:30p-03:30p Ring Toss
	TH 04:00p-05:00p Sing Along	TH 04:00p-05:00p News Currents	TH 04:00p-05:00p News Currents	TH 04:00p-05:00p Word Cookies	TH 04:00p-05:00p Wheel of Fortune
	LR 05:00p-05:30p Reminiscing	LR 05:00p-05:30p Trivia	LR 05:00p-05:30p Finish the Line	LR 05:00p-05:30p Would You Rather	LR 05:00p-05:30p Music Fun
1	12	13	14	15	16
	DR 10:00a-11:00a Yoga	TH 10:00a-11:00a Exercise	DR 10:00a-11:00a Exercise	TH 10:00a-11:00a Exercise	DR 10:00a-11:00a Genesis Exercise
	DR 11:00a-11:45a Music w/ John	TH 11:00a-11:45a Genesis Health	DR 11:00a-11:45a Music w/ Tom	TH 11:00a-11:45a Morning Musings	DR 11:00a-11:45a Music w/ John
	TH 01:30p-02:30p Jeopardy	TH 01:30p-02:30p Sketch Class	DR 01:30p-02:30p Music w/ John	TH 01:30p-02:30p Crosswords	TH 01:30p-02:30p 100 Words
	DR 02:30p-03:30p Music Bingo	TH 02:30p-03:30p Bookworms Book Club	TH 02:30p-03:30p Who Am I?	TH 02:30p-03:30p Chair Dancing	DR 02:30p-03:30p Café Ivey
	TH 04:00p-05:00p Sing Along	DR 04:00p-05:00p Irish Dancers	TH 04:00p-05:00p Word Cookies	TH 04:00p-05:00p News Currents	TH 04:00p-05:00p Humor Hour
	LR 05:00p-05:30p Reminiscing	LR 05:00p-05:30p Music Fun	LR 05:00p-05:30p Trivia	LR 05:00p-05:30p Music Fun	TH 05:00p-05:30p Would You Rather
1	1.9	20	21	22	23
	DR 10:00a-11:00a Yoga	TH 10:00a-11:00a Exercise	TH 10:00a-11:00a Exercise	TH 10:00a-11:00a Exercise	TH 10:00a-11:00a Genesis Exercise
IAL	DR 11:00a-11:45a Music w/ John	TH 11:00a-11:45a Morning Musings	TH 11:00a-11:45a Morning Musings	TH 11:00a-11:45a Morning Musings	TH 11:00a-11:45a Morning Musings
	TH 01:30p-02:30p Wheel of Fortune	DR 01:30p-02:30p Music w/ John	TH 01:30p-02:30p Art Appreciation	TH 01:30p-02:30p 100 Words	DR 01:30p-02:30p Music w/ John
	DR 02:30p-03:30p Bingo	LR 02:30p-03:30p Basketball Toss	DR 02:30p-03:30p Sensory Science	DR 02:30p-03:30p Art in Action	TH 02:30p-03:30p Hang Man
ne in	TH 04:00p-05:00p Sing Along	TH 04:00p-05:00p Humor Hour	TH 04:00p-05:00p Wii Games	TH 04:00p-05:00p Bogle	DR 04:00p-05:00p Colored Pencil Art
ry id	LR 05:00p-05:30p Reminiscing	TH 05:00p-05:30p Finish the Line	LR 05:00p-05:30p Alphabetics	LR 05:00p-05:30p Trivia	LR 05:00p-05:30p Alphabetics
d 2	26	27	28	29	30
	DR 10:00a-11:00a Yoga	TH 10:00a-11:00a Exercise	DR 10:00a-11:00a Exercise	TH 10:00a-11:00a Exercise	TH 10:00a-11:00a Genesis Exercise
	DR 11:00a-11:45a Music w/ John	TH 11:00a-11:45a Morning Musings	DR 11:00a-11:45a Music w/ John	TH 11:00a-11:45a Morning Musings	TH 11:00a-11:45a Morning Musings
	TH 01:30p-02:30p Crosswords	LR 01:30p-02:30p Corn Hole	TH 01:30p-02:30p Sketch Class	TH 01:30p-02:30p Spiritual Time	LR 01:30p-02:30p Ring Toss
	DR 02:30p-03:30p Music Bingo	TH 02:30p-03:30p Name That Tune	TH 02:30p-03:30p Chair Dancing	TH 02:30p-03:30p 100 Words	TH 02:30p-03:30p Family Feud
	7 04:00n 05:00n Sing Along	777 04:00p 05:00p Crosswords	Ward Cookies	my 04:00p 05:00p Naws Currents	The O4:00p 05:00p News Currents

TH 04:00p-05:00p Word Cookies

LR 05:00p-05:30p Trivial Pursuit

TH 04:00p-05:00p News Currents

LR 05:00p-05:30p Alphabetics

TH 04:00p-05:00p News Currents

LR 05:00p-05:30p Music Fun