

LIFE ENRICHMENT CALENDAR

April 2019

SPECIAL HIGHLIGHTS

- Art Therapy: Tues. @ 9am & 10am, Wed. @ 10am & 11am
- Golf Group: Mon. @ 1:30pm & Thurs. @ 10am
- Meet Me at MoMA: Fri. @ 1:30
- Music Therapy: Mon. @ 1:30pm, Wed. @ 11 am, Thurs. @ 11am.
- Musical Performance by John Lewis: 8, 10, 11, 15, 16, 19, 22, 24, 26 & 29.
- Pet Therapy: Wed. @ 3:30-4:30
- Tai Chi: Fri. @ 2:30
- Small Yoga Group: Thurs. @ 1:30

HEALTH TOPIC

Genesis Health Topic & Description: This month Genesis will discuss proper eating and cooking styles, how to pay attention to food intake quantity, and how to remain physically active.

ICON & LOCATION KEY

- AR = ART & CRAFT ROOM PT = PUTTING GREEN
 CP = COVERED PORCH PB = BAR & LOUNGE
 DR = DINING & GAMING ROOM LB = LIBRARY
 TK = THERAPY KITCHEN TH = THEATRE
 OD = OUTDOORS LR = LIVING ROOM
 TR = TRANQUILITY ROOM

- COGNITIVE ● PHYSICAL ● PSYCHO-SOCIAL

ACTIVITIES ARE SUBJECT TO CHANGE

Each day at The Ivey is intentionally designed with the preferences, interests and needs of each of our members in mind. The schedule is predictable to help with memory retention, but content varies to keep it interesting and stimulating. Everyday living activities are incorporated throughout the day to feel like home.



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|--|--|
| 1 ● TH 10:00a-11:00a Yoga ● TH 11:00a-12:00p Morning Musings ● TH 01:30p-02:30p Wheel of Fortune ● DR 02:30p-03:30p Bingo ● TH 04:00p-05:00p Sing Along ● LR 05:00p-05:30p Finish the Line | 2 ● TH 10:00a-11:00a Exercise ● TH 11:00a-11:45a Morning Musings ● LR 01:30p-02:30p Corn Hole ● TH 02:30p-03:30p Mad Libs ● DR 04:00p-05:00p Colored Pencil Art ● LR 05:00p-05:30p Music Fun | 3 ● TH 10:00a-11:00a Exercise ● TH 11:00a-11:45a Music Therapy ● TH 01:30p-02:30p Sketch Class ● TH 02:30p-03:30p 100 Words ● LR 04:00p-05:00p Pet Therapy ● LR 05:00p-05:30p Would You Rather | 4 ● TH 10:00a-11:00a Exercise ● TH 11:00a-11:45a Morning Musings ● TH 01:30p-02:30p Famous Faces ● TH 02:30p-03:30p Music Appreciation ● DR 04:00p-05:00p Colored Pencil Art ● LR 05:00p-05:30p Music Fun | 5 ● TH 10:00a-11:00a Genesis Exercise ● TH 11:00a-11:45a Music Group ● TH 01:30p-02:30p Music and Movement ● TH 02:30p-03:30p Crosswords ● DR 04:00p-05:00p Colored Pencil Art ● LR 05:00p-05:30p Fact or Fiction |
| 8 ● TH 10:00a-11:00a Yoga ● DR 11:00a-11:45a Music w/ John ● TH 01:30p-02:30p Family Feud ● DR 02:30p-03:30p Bingo ● TH 04:00p-05:00p Sing Along ● LR 05:00p-05:30p You Be the Judge | 9 ● TH 10:00a-11:00a Exercise ● TH 11:00a-11:45a Morning Musings ● TH 01:30p-02:30p Art Appreciation ● TH 02:30p-03:30p Who Am I? ● DR 04:00p-05:00p Colored Pencil Art ● LR 05:00p-05:30p Trivia | 10 ● TH 10:00a-11:00a Exercise ● DR 11:00a-11:45a Music w/ Tom ● DR 01:30p-02:30p Music w/ John ● TH 02:30p-03:30p 100 Words ● LR 04:00p-05:00p Pet Therapy ● LR 05:00p-05:30p Would You Rather | 11 ● TH 10:00a-11:00a Exercise ● DR 11:00a-11:45a Music w/ John ● LR 01:30p-02:30p Corn Hole ● TH 02:30p-03:30p Categories ● DR 04:00p-05:00p Colored Pencil Art ● LR 05:00p-05:30p Music Fun | 12 ● TH 10:00a-11:00a Genesis Exercise ● TH 11:00a-11:45a Morning Musings ● TH 01:30p-02:30p Balloon Volleyball ● TH 02:30p-03:30p Sing Along ● DR 04:00p-05:00p Colored Pencil Art ● LR 05:00p-05:30p Reminiscing |
| 15 ● TH 10:00a-11:00a Yoga ● DR 11:00a-11:45a Music w/ John ● TH 01:30p-02:30p Wheel of Fortune ● DR 02:30p-03:30p Bingo ● TH 04:00p-05:00p Sing Along ● LR 05:00p-05:30p Finish the Line | 16 ● TH 10:00a-11:00a Exercise ● TH 11:00a-11:45a Genesis Health ● DR 01:30p-02:30p Music w/ John ● TH 02:30p-03:30p Mad Libs ● LR 04:00p-05:00p Colored Pencil Art ● LR 05:00p-05:30p Trivia | 17 ● TH 10:00a-11:00a Exercise ● TH 11:00a-11:45a Morning Musings ● TH 01:30p-02:30p Sketch Class ● TH 02:30p-03:30p Alphabetics ● LR 04:00p-05:00p Pet Therapy ● LR 05:00p-05:30p Would You Rather | 18 ● TH 10:00a-11:00a Exercise ● TH 11:00a-11:45a Morning Musings ● LR 01:30p-02:30p Basketball Toss ● DR 02:30p-03:30p Art in Action ● DR 04:00p-05:00p Colored Pencil Art ● LR 05:00p-05:30p Music Fun | 19 ● TH 10:00a-11:00a Genesis Exercise ● DR 11:00a-11:45a Music w/ John ● TH 01:30p-02:30p Charades ● TH 02:30p-03:30p Spiritual Time ● DR 04:00p-05:00p Colored Pencil Art ● LR 05:00p-05:30p Fact or Fiction |
| 22 ● TH 10:00a-11:00a Yoga ● DR 11:00a-11:45a Music w/ John ● TH 01:30p-02:30p Family Feud ● DR 02:30p-03:30p Bingo ● TH 04:00p-05:00p Sing Along ● LR 05:00p-05:30p You Be the Judge | 23 ● TH 10:00a-11:00a Exercise ● TH 11:00a-11:45a Morning Musings ● LR 02:30p-03:30p Ring Toss ● TH 01:30p-02:30p Music Appreciation ● DR 04:00p-05:00p Colored Pencil Art ● LR 05:00p-05:30p Music Fun | 24 ● TH 10:00a-11:00a Exercise ● DR 11:00a-11:45a Music w/ John ● TH 01:30p-02:30p Art Appreciation ● TH 02:30p-03:30p Alphabetics ● LR 04:00p-05:00p Pet Therapy ● LR 05:00p-05:30p Would You Rather | 25 ● TH 10:00a-11:00a Exercise ● TH 11:00a-11:45a Morning Musings ● LR 01:30p-02:30p Basketball Toss ● TH 02:30p-03:30p Travel w/ Willene ● DR 04:00p-05:00p Colored Pencil Art ● LR 05:00p-05:30p Music Fun | 26 ● TH 10:00a-11:00a Genesis Exercise ● TH 11:00a-11:45a Morning Musings ● TH 02:30p-03:30p Balloon Volleyball ● DR 01:30p-02:30p Music w/ John ● DR 04:00p-05:00p Colored Pencil Art ● LR 05:00p-05:30p Fact or Fiction |
| 29 ● TH 10:00a-11:00a Yoga ● DR 11:00a-11:45a Music w/ John ● TH 01:30p-02:30p Wheel of Fortune ● DR 02:30p-03:30p Bingo ● TH 04:00p-05:00p Sing Along ● LR 05:00p-05:30p Finish the Line | 30 ● TH 10:00a-11:00a Exercise ● TH 11:00a-11:45a Morning Musings ● TH 01:30p-02:30p Jeopardy ● DR 02:30p-03:30p Café Ivey ● DR 04:00p-05:00p Colored Pencil Art ● LR 05:00p-05:30p Music Fun | Member Birthdays ● 4/01 - Jerry K ● 4/04 - Carol M ● 4/09 - Dickey P ● 4/16 - Bobbie T ● 4/22 - Debbie S ● 4/23 - Sylvia S | Member Birthdays, Cont ● 4/27 - Betty C ● 4/30 - Dick T | Staff Birthdays ● 4/19 - Andrea C. ● 4/20 - John M. ● 4/21 - Lynn I. ● 4/22 - Vikki H. |