



Second Quarter 2017

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COMMUNITY OUTREACH

In The Community

Volunteer and Internship Opportunities Abound at The Ivey

Over the past year, The Ivey's caring and generous volunteer base (also known as The Barretta Circle), has grown exponentially. And, with an increasing membership, we want to see it grow more! Our greatest volunteer needs are people who can lead "small group breakout sessions" with our members, or provide one-on-one help with members needing extra assistance.



Volunteers are essential to our member experience, allowing us to tailor programs to all cognitive levels and ensuring that we are enriching the lives of each member. With two, three and even four programs happening simultaneously at The Ivey – all catering to different levels of cognitive ability – the collaborative efforts of staff and volunteers working together greatly

enhances our member experience. We recently celebrated the generosity of our volunteers at an annual awards reception in their honor on March 9.

Thanks to our relationships with a number of colleges and universities in the area, The Ivey has also built a vibrant internship program. As with our volunteers, our interns often find their way to us because they have a personal family connection to the disease or are drawn to this population. Universities look to The Ivey to provide their students with relevant experience in nursing, public health administration, assisted living administration, gerontology, recreational therapy, music therapy, and more.

If you or someone you know would be interested in volunteering at The Ivey, or would be a strong candidate for any of our internship program opportunities, please reach out to Jen Olin at jen.olin@theivey.com for more information.



Self-Care for the Caregiver Workshop
Thursday, May 11, 2017
9:30 am - 2:15 pm
Myers Park Baptist Church

Learn about self-care and explore Alzheimer's disease through lecture, discussion, & music.

Understand more about the disease process, how to care for yourself, and discover resources to guide you in your role as a caregiver.

RSVP: GiustoL@hpccr.org or 704.335.4320

31st Annual Spring Fling
Catholic Diocese of Charlotte Elder Ministry
Tuesday, May 16, 2017
9:15 am - 2:45 pm
St. Matthews Catholic Church

Entertainment, educational sessions, health screenings, crafts and more! \$15 per person/ includes lunch. Pre-registration required. Registration deadline 5/8/17.

Details:
Sandra Breakfield 704-370-3220



OUR FIVE PROGRAMS



The Ivey Memory Wellness Day Center is built around five key programs – covering a full array of research-based care approaches and convenient on-site amenities that support your loved one, your family, your community, and YOU.



CULTURAL ARTS THERAPY

In Art, Breaking Rules Breaks Down Barriers

Our Art Therapy Program Coordinator, Lela Kometiani, could be described as a “therapeutic innovator.” For our members, she devises a variety of art projects and inventive ways to adapt each project to the abilities of each member. Lela is deeply committed to setting our members up for success by helping them sidestep (or, in some cases, leverage) any deficit in their vision, hearing or fine motor skills. In a recent project, Lela used molding paste to put layers and texture on canvas, upon which our members painted. This approach gave the canvas more definition for those members with vision impairment. What a beautiful and unique process! Regardless of their prior “artistic” experience, members experience a lot of fun, feel accomplished, and are proud of their pieces.





HEALTHCARE

Monthly Health Topic

Each month, our RN/Healthcare Coordinator leads an interactive and informative session on a health topic, designed to promote independence of caring for yourself to our members. Recently, we focused on the importance of staying hydrated throughout each day. Our staff monitors and encourages each member to drink water or some other hydrating liquid.

Research has suggested that staying hydrated helps keep memory sharp, mood stable, and motivation intact. It also promotes cardiovascular health, keeps the body cool, helps muscles and joints work better, keeps skin supple, and cleanses toxins from the body.



DRINK WATER & STAY HYDRATED!!!!



MIND AND BODY WELLNESS

Rehab Services Onsite, A Proactive Partnership with Families

The Ivey is entering its 4th year of partnership with Genesis Rehab Services, a national provider of Physical, Occupational and Speech Therapy services – conveniently offered on-site and fully integrated with The Ivey’s unique model of care. Because of their expertise with populations who live with dementia, Genesis is exceptionally qualified to help The Ivey staff have a dramatic impact on the lives of our members and their families.

Within days of a new member attending The Ivey, Jessica Martin, the Genesis Program Manager, together with The Ivey’s RN/Healthcare Coordinator, perform a cognitive screening to establish a baseline score and screen for physical abilities. These screenings are subsequently performed every six months thereafter (or sooner if necessary) to detect and document changes and offer new solutions to the family.

Being proactive with our families allows us to head off issues before they become more serious problems. Plus, after the therapy is completed, our Genesis partner develops a home exercise program so the member can maintain the balance and strength that they gained during therapy. All of these services offered onsite at The Ivey makes life easier and more convenient for the entire family.



FAMILY RESOURCES

Family Care Meetings are a Hallmark of The Ivey Model

“Caring for the caregiver is as important as caring for our members,” states Janet LeClair, COO of The Ivey. And our recurring Family Care Plan meetings serve as a great tool to ensure our families AND our members have all the resources they need. At The Ivey, we place a premium on family communication and caring for the caregiver with ongoing support, interaction and education. During these meetings, we learn about the family’s routine at home, specifically any challenges they may be experiencing, and we share our observations of their loved one while attending The Ivey. This is a true interdisciplinary meeting, attended by our Health Care Coordinator, Family Resource Director, Program Development Coordinator, Genesis Program Manager, and our COO. The broad range of experience represented in these meetings allows us to support our families in multiple ways. Often, we uncover useful and important information. The Ivey’s team of experts can help our families deal with the seemingly limitless variety of issues that can surface as they care for their loved one living with memory loss.

These valuable meetings give us an opportunity to highlight the things that we see their loved one enjoying, as well as to fine tune their Care Plan. More than anything, we have found that our Family Care Meetings help our families feel supported and strengthens the sense of “team” we are building with them. As Lynn Ivey discussed in a recent blog post, working as a team is the only way to walk through the dementia journey.



Charlotte's only Memory Wellness Day Center for nearly a decade!



6030 Park South Drive
Charlotte, NC 28210

Lynn's Attitude of Gratitude

Since my Dad's passing in December, I have been deeply aware of the "family" that we all become through our collective experiences caring for our loved ones living with dementia. Our shared journeys keep us close, strong and grateful. And although I was not able to have either of my Wilmington-based parents attend The Ivey, I am so proud of how their lives informed The Ivey's model of care. My father was an early advocate of our concept and became a supporter in the development of our campus and building. When he evolved from being my mother's loving caregiver to the gentle person who himself needed care, I incorporated programming ideas that I learned during his 3.5-year stay at the Davis Health Center in Wilmington. In this way, The Ivey's members and families now benefit from my own journey. Isn't that what family is all about?

—Lynn Ivey, Founder and CEO

In Memoriam

Charles Gabriel
Elisabeth Hill
Benjamin C. Ivey
Alice Johnson
David Latour
Brenda Saunders Moore
Jerry Vanderpool
Mr. Nicholas Abraham
Mr. & Mrs. Grady Alexander
Ms. Stephanie Alexander
Mrs. Lyn Breda
CED Charlotte
Brownell & Douglas Cochran
Colony Specialty
Ms. Judy Compton
Mr. Leonard DeGrace

Ms. Ann Del Vecchio
Mr. Patrick Deming
The First Tee of Charlotte
Mr. & Mrs. Don Fishback
Fox-Rowden-McBrayer, Inc.
Mrs. Barbara Gabriel
Dr. & Mrs. Morton Galina
Ms. Lynn Girts
Ms. Anne Goodwin
Mr. & Mrs. Bob Gregory
Mr. Leroy Gregory
Ms. Rosemary Gregory
Ms. Kristen Guarnieri
Mr. Richard Hopgood
William & Jennifer Houlihan
Hull & Company
W.C. & Suzanne Hurd
Charlotte & Kurt Karriker
Kentucky Blood Center

Mr. & Mrs. Michael Levine
Markel Corporation
Jackie & George Metzger
Ms. Betty Mori
John & Kimbrough Noonan
Mr. & Mrs. Richard Pace
Ms. Bettye Pate
Mr. & Mrs. Richard Paulsen
Mr. Connie Pavlakos
Rock Hill Environmental
Mr. & Mrs. Richard Rubin
Shealy Electrical Wholesalers
Shumaker, Loop & Kendrick
SIA Group
Mr. Mohinder Singh Perihar
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Tim & Kim Winchester
Merrill & Sheila Wynne
Ms. Sylvia Yarbrough
Mr. & Mrs. Jeff Yeary

In Honor

Ty Boyd
Kathryn Brady
Mr. Steve Hammersmith
Mr. Hale Mast

Annual Giving

The Elam Family
Mr. David "Chuck" Hood
The Mulvaney Family Fund
Mr. Don Olin
Mr. & Mrs. Aaron Still